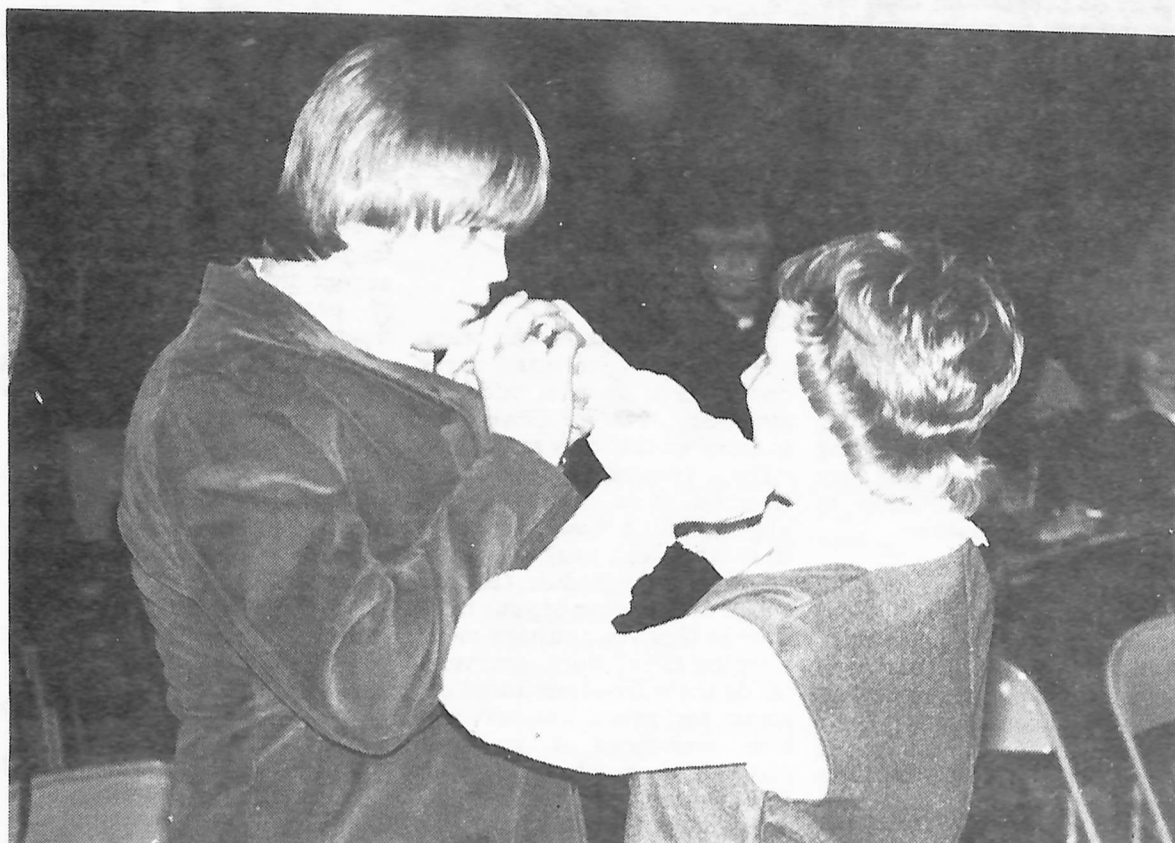
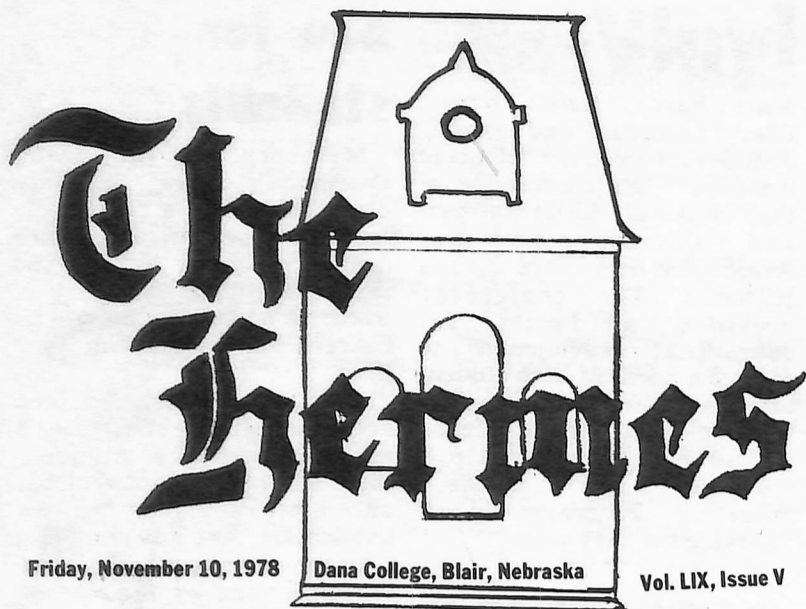


# HAPPY THANKSGIVING!



MARY HEISTAND, *Candida*, looks fondly into the eyes of Scott Rasmussen, the poet. "*Candida*" will be playing this weekend in AMA.

## Development office: what do they do?

The Development Office is a part of the College Relations Division which is responsible for all phases of relationships the college has with external sources. At the present time, this Division contains Public Relations, Alumni Affairs, Danish American Affairs, and Development. There are provisions for other programs, i.e. Church Relations and Estate Planning which will be filled when the budget allows.

The main purpose of the Development section is to raise money for the college. The work of the Development Office is not always apparent, because a lot of background work goes into the final gift that is actually received.

In Development Work we talk about the four "I's" in the development of the donor: Information, Interest, Involvement and Investment. These are the steps that a donor goes through normally before he actually makes a contribution.

A typical example is the recent gift of \$50,000 which was received this last month. Over the past two years the donor had received information about Dana from two sources, one a Regent, and the other from friends in Tekamah. She had been developing an interest in the College, and finally became involved when

she visited the college and met the Administration. The final step was completed when she invested in the college with a very substantial major gift.

Development work is a building process and it's a rare occasion when a donor would skip over the first three steps and immediately become a donor without having the information, interest, and involvement.

The Development Office is always looking for persons who have received information about the college, and have thus become interested. The office can then carry the process further through to the investment stage. Our office is located in Pioneer Memorial, Room 208 and the telephone extension is 230.

## "Candida" opens tonight

Dana Players will present their second fall production this weekend. "*Candida*" by George Bernard Shaw will run Friday through Sunday, November 10-12 and will be performed in Alumni Memorial Auditorium. The show times are 8 p.m. each evening.

"*Candida*" is a comedy of

ideas and relates the story of Morell, a parson, Tim Nietfeld; his wife, with Mary Heistand in the title role; and the young poet, Marchbanks who will be played by Scott Rasmussen. *Candida* must choose between the love of these men, with interesting twists and turns leading to the climax in turn-of-the century London.

Supporting this basic plot are the characters of Proserpine, Morell's secretary, whom Jim Wetzel will portray; Burgess, a swarthy gentleman who is *Candida*'s father, Kevin Barratt; and the stuffed-shirt curate, Lexy Mill who will be played by Jerry Christiansen.

"*Candida*", is directed by Dr. Janet H. Weller of Speech/Theatre with assistance by Mary Asmus. Jennifer Jensen is helping with props, and Janet Nelson is in charge of costuming the production.

The show will be done in the round with the audience on all sides of the stage. The earlier Dana Players production of "*The Real Inspector Hound*" was done in three-quarter round, by contrast.

Tickets for "*Candida*" are \$2.50 for adults and \$1.50 for students. They are available at the door.

## Edna Hong; first woman lecturer under Staley Program

Edna Hong, author, scholar, and translator, will speak at Dana November 13 and 14 on "Christianity as a Path of Healing." Her appearance at Dana is under the auspices of the Staley Foundation Distinguished Christian Scholar Lecture Program.

Dr. Hong is the author of eight books, among them *Bright Valley of Love*, *Clues to the Kingdom*, *From This Good Ground*, *The Gayety of Grace*, and *Turn Over Any Stone*, all published by the Augsburg Publishing House.

She & her husband, Howard Hong, form a team acknowledged to be among the best contemporary translators of Soren Kierkegaard, the Danish philosopher. The first volume of their seven-volume edition of *Kierkegaard's Journals and Papers* won the National



DR. EDNA HONG, Dana's 1978 Staley lecturer.

Book Award for translation in 1968.

Dr. Hong's lectures, all in AMA, include "The Path Goes Down," at 8 p.m. November 13, and, on November 14, "Before It Goes Up" at 9 a.m. and "And Then What?" at 8 p.m.

Dr. Hong will also speak in Chapel on Monday morning, November 13, make a special presentation in Parnassus on Monday afternoon beginning at 3:10 p.m., and be a guest lecturer in Creative Writing beginning at 10:30 a.m. on Tuesday, November 14.

Beginning at 2:00 p.m. on Tuesday afternoon Dr. Hong will be available for informal discussion in the Linden Room of the Campus Center.

The Staley Lecture Program is supported and funded by the Thomas F. Staley Foundation of Delray Beach, Florida.

## Christmas tree needed

In preparation for the annual Sights and Sounds of Christmas at Dana on Sunday, December 3, the college is looking for a large spruce or fir tree to be used in the Campus Center. The tree should be at least 12 ft. tall (or taller) and must be of the shortneedled variety as opposed to the regular long-needled pine.

In the past, area residents have provided trees that for whatever reasons, have had to be removed from where they are growing. Dana will provide manpower and equipment to remove and to haul the tree.

Anyone wishing to provide the tree, for this year's Christmas celebration is asked to call the college, 426-4101, extension 127, anytime between 8 a.m. and 4:30 p.m., Monday-Friday.

## All-college field trip scheduled

The Biennial (series B) all college field trip to DeSoto National Wildlife Refuge is scheduled for Saturday, November 18. Everyone is invited to attend. They will be going over in individual's cars, doubling up so as to take as few cars as possible. Please meet at the DH-AMA parking lot at 7:15 a.m.

There should be close to 250,000 snow geese and 300,000 mallards at the refuge by then. If you have seen the spectacle you will surely want to see it again. For those of you who have never had the opportunity, it is a very worthwhile trip. Other likely attractions include deer, coyotes, bald eagles and a variety of smaller wildlife species. Estimated arrival time back at Dana is 10 a.m.

If you have any questions, contact Mr. Grube at Ext. 328.

## Candidates for Winterfest being made

The annual Winterfest King and Queen election is to take place on November 28, 1978. At this time, students will be asked to vote for four king candidates and four queen candidates.

Candidates are chosen through the campus

organizations. As a president or chairperson of an organization, the Winterfest Committee is asking you to be responsible for conducting an election within your organization, and submitting your candidate choices to Dean Johnson's office no later than

Tuesday, November 21. If your organization is co-ed, please submit one queen candidate and one king candidate,

otherwise submit only one. Candidates submitted after the deadline date, Nov. 21, will not be considered.

# Editorial Comment

Why do people wait until the last moment to do something? There are many reasons, some of them being valid. One, you've just have too many other assignments to do. Or you had to work unexpectedly. Maybe your long-lost aunt came to visit you and you got behind in your studies because you were gabbing with her. The list could go on forever.

Procrastination - to put off the doing of something that should have been done earlier. It is synonymous with such terms as: dawdling, delaying and loitering. And we all are guilty of procrastination in some degree or another.

As stated before, some people do have valid "excuses" for waiting to do their Humanities seminar paper at 3:00 a.m. the morning it is due. But what about those people who put it off until the eve of "Doom's Day" simply because they didn't want to do it any earlier?

You can't help but to feel sorry for that person who continually postpones homework, reports and work until that last precious moment. On the outside they appear to be very happy. You always see them everywhere: in the Head, at the game, down at Tivolis, in the center. But when you don't see them, do you ever wonder about them? No and that's when they are locked up in their room pouring down the coffee and Coke, furiously banging away at the typewriter and burning the midnight oil. About 3:00 a.m. they begin to look and feel like the person in the cartoon. They wake the next morning with four hours of sleep (not rest) and are bleary-eyed and grouchy for the next two hours of the day. But once they wake up, they fall back into the same rut.



There is a person who, when she attended college, never once stayed up past midnight studying, even for finals. For some of us this may seem to be "The Impossible Dream." Granted, it is pretty hard to accomplish - but one person did it, so why can't you? Look over your current schedule. Can you cut down on some of your free-time so that you can have more sleeping time? Sure, everyone needs their free-time to let off steam and relax. But have you ever wondered if you are getting too much free time? Try to plan your schedule so that you get things done a little earlier.

Keep ahead of the rest of the world. Don't be left in the dust. And most important: think of yourself; your health and mental state of being. You're important and we want you around.

by Julie McMahill

## May we remind you

Due to the Thanksgiving break, the next (and also last for this semester) issue of the *Hermes* will not come out until December 1. The *Hermes* staff wishes you a Happy Thanksgiving and a safe drive!

# Campus Highlights

"How then should we live?"

11-12 *The Age of Personal Peace and Affluence*-- A look at the youth of the 60's and their escape into drugs, occult, and the NEW LEFT. In the 70's the trend changes to apathy and they join their parents and accept the horrendous values of personal peace and affluency.

11-19 *Final Choices*-- Finally, Dr. Schaeffer reviews the tragic history of the last two decades and concludes that man's only hope is a return to God's biblical absolutes - truth revealed in Christ through the Scriptures - if authoritarian society and arbitrary absolutes are to be replaced with truth once again.

Conclusion of series

\*\*\*\*\*

Four students--Jolene Darrington, Kay Konz, Al Pedersen, and Alan Winters--attended the ninth annual Upper Midwest Region Association of College and University Housing Officers conference on November 2 at the Lincoln Hilton. The conference, titled "Reaching for Tomorrow, Grasping Today," combined a futuristic view with a pro-active approach to the issues confronting student personnel specialists.

\*\*\*\*\*

11-19 Student voice recital, Elizabeth Falksen and Kip Tyler, 3 p.m., AMA

11-20 Faculty recital, music of Brahms, Lucinda Sloan (voice) and Dr. Alan Brandes (piano), 7:30 p.m., AMA

\*\*\*\*\*

11-22 Thanksgiving recess begins at end of classes  
11-27 Classes resume

\*\*\*\*\*

There are still Student Directories available in the Student Personnel Office for those who have not purchased them. The price is \$1.25.

\*\*\*\*\*

This past Friday and Saturday, November 3 and 4, Mari Barry, Kristi Kruse, Cheryl Lustgraaf, and Jennifer Johnson attended the "Heart of America" fall conference of the National Entertainment and Campus Activities Association held in the Omaha Hilton. The conference provided a forum for educational development to meet the needs of both student and professional programmers in four major track areas-- "Student Leadership," "Brains, Not Bucks," "Starting Programs," and "Serving the Diversity."

\*\*\*\*\*

Dr. Clifford Hanson spoke on "Four Approaches to Ethics" at a philosophy symposium held November 1-2 at Kearney State College. The title of the symposium was "Right or Wrong Is There a Choice? Perspectives on Contemporary Ethics." Other speakers were from the Universities of Chicago, Southern California, and Northern Arizona. The symposium was sponsored by the School of Natural and Social Sciences and Cooperative Campus Ministries at Kearney State College, and the Nebraska Committee for the Humanities.

\*\*\*\*\*

11-12 to 12-1 Horning exhibit - Jerry Horning, Ceramics, and Mary Jo Horning, weavings, Parnassus.

\*\*\*\*\*

Sunday, December 3, 1978, from 12 noon to 10 p.m. at the three Skatelands and Cheap Skate, Bob Devaney is Honorary Chairman.

Sponsor sheets available at the above rinks, Kiwk Shops, Sam's Restaurants and Sol Lewis - Cedarnole. Prizes available.

## Classified ads are something new for students

Members of the Dana Community may purchase classified ads at a rate of 25c for four lines (a line shall consist of seven words - so that's less than a penny a word!) A nickel per line will be charged for more than four lines.

Ads must be signed and accompanied by subscriber's full name and phone number; these will be kept anonymous, but are required for ad publication. Any ads involving telephone numbers are subject to verification by the *Hermes* staff. Ads found unsuitable will be returned with the subscriber's fee.

Send message and quarter to the *Hermes* via campus mail. Classifieds ads must be submitted no later than 8:00 a.m. Thursday every other week.

## Now it's your chance to ... SPEAK OUT

The *Hermes* would like to invite YOU, the reader, to write for your college paper. As we all know, Dana's past has shown a declining student body. But the future is looking brighter. It seems that we have turned that crucial corner and are looking forward to increased enrollment. Our question to you is simple: "What do you think needs to be done to increase our retention rate?" All replies will be printed in the Christmas issue of the *Hermes*. Letters do not need to be typed and may be any length. Deadline is 8:00 a.m., November 28. Send your solution or advice to the *Hermes* via campus mail.

Remember, WE think you are important and WE want to know how you feel.

**The Hermes**

The *Hermes* is a bi-monthly publication put out by the students of Dana College, Blair, Nebraska 68008 during the school year, except holidays and final exams week.

Opinions expressed are those of the *Hermes* staff and not necessarily those of the administration, faculty or remaining students of Dana College.

Letters to the Editor are welcomed, but they must be signed by the individual in order to be printed. Names will be withheld upon request. The Editorial staff reserves the right to edit all letters.

Publisher: Enterprise Publishing Company, Blair, Nebraska  
Subscription rate: \$5.00 per year.

Editor: Julie McMahill  
Associate editor: Sheri John  
Sports editor: Dick Johnson  
Religious editor: Julie Johnson  
Business manager: Sheldon Roth  
Photographer: Dana Kirk  
Lay-out: Anne Brose  
Staff: Kevin Gerton, Suzanne Lazzaro, Kathy Swenson  
Contributing reporters: Mark Ammen, Development Office

Advisor: Mr. Don Warman

**DANA NURSE'S OFFICE**

ONE MORNING ...

Just a slight fever... nothing unusual ... you'll be fine ...

**EXAMINATION ROOM**

THAT NIGHT ...

You've got a bad case of STREP THROAT!!

?!?!?

Must have been a "difficult" diagnosis ... or maybe infections just "DISAPPEAR" whenever one walks into the campus nurse's office ...

# MUSIC

**Blue Valentine - Tom Waits**  
Tom Waits-that urban storyteller with the coarse-grain sandpaper voice - is back with another gem of an album. **Blue Valentine** is a collection of lonely songs about lonely people. For all you former street kids, it'll be like stepping back through a time warp. Waits has the ability to recreate those sometimes not-too-apparent tender moments jammed in between the concrete towers with a sincerity not often found in these days of slick production and overdubbing. (The album was recorded on mere 2-track tape.)

All the songs on the album are Waits' compositions (except for his cover of West Side Story's "Somewhere") and each is a portrait. The hookers, street punks, lost out-of-towners and children more at home with rats than kittens are all here, painted in the stark black and white of a late night street light.

There is the tale of the young street fighter (**Romeo is Bleeding**) who has just returned to tell the rest of his gang how he killed a sheriff with his knife. He conceals the fact, however, that there is a bullet embedded in his chest. It's like Andy Warhol says, "that in the future everyone will be famous for five minutes."

In \$29.00 Waits reveals a new side of his musical ability by playing a nice bluesy guitar in a sad tale of rape 'n' roll in L.A. The song tells of a young girl's victimization on her first night in town.

Waits gets his Mojo working on side two with a couple of mystical songs which are closer to incantation than song.

**Wrong Side of The Road** is really choice, and I would say it is one of the album's best, but that would be taking away too much from the other selections, each of which blows the listener away in its own way.

**Kentucky Avenue** tells of that first little-kid kind of love when you used to roll around in the dirt and play with trash (remember?)

"Let me tie you up with kite string and I'll show you the scabs on my knee  
Watch out for the broken glass, put your shoes and socks on and come along with me."

The album comes to a close with the tender title cut. It tells of an old love that still haunts Waits by sending an annual blue valentine.

## Nu-Vinyl

"To send me blue valentines like half forgotten dreams  
Like a pebble in my shoe  
As I walk these streets  
and the ghost of your memory  
is the thistle in the kiss."

The lyrical style of Tom Waits, his ability to capture familiar things in just a slightly different way makes each of his songs a joy. Coupled with Waits storm-sewer voice they become magic. Listen to this album and you'll know the inner city-even if you're straight off the farm.

### LIVE DATES

- Nov. 11 Parliament/ Funkadelic - 8:00 - Music Hall
- Nov. 12 Nebr. Choral Arts Soc. - Three Centures of Choral Music - 8:00 - UNO
- Nov. 18 Elizabeth Falksen/ Kip Tyler Voice Recital - 7 p.m. - AMA
- Nov. 19 Foreigner/ Nick Guilder - 8:00 - Arena
- Nov. 20 Brahms Recital - 7:30 - AMA
- Nov. 21 Weather Report - 8:00 - Music Hall
- Nov. 22 - Styx - 8:00 - Arena
- Dec. 3 Ted Nugent - 8:00 - Arena

by Kevin James

## Sorority speaks

The Inter-Greek Council met a week ago (Tuesday) and the outcome was in sorority's favor. It was determined that Kappa Chi Lambda fraternity had breached the kidnapping rules. KAA was fined \$10.00 to go into the Inner-Greek fund.

Kappa Theta Phi slave sale has gone well. All actives participating were bought for some amount of time. Restrictions and rules were posted in the Campus Center all week long.

Wednesday, November 8 the sorority all went to George's for dinner and refreshments, at sorority's expense. Hot dogs, foos ball, and pool and laughter filled the time. Active Becky Nielsen was reinstated as a "cardinal".

Next meeting will see the election of Winterfest candidates. All actives are to be considering who they would like as representatives. Last year, Jo Roberts was elected into the Winterfest Court, originally nominated by KOL.

## What's a clamato??

You can earn \$1,000 for a good imaginative idea according to Raymond M. Anrig, President of the Duffy-Mott Company. Mr. Anrig will pay that much (plus second and third prize awards of \$500 and \$250) to the college student who comes up with the winning answer to ...What is a Clamato?

Where is it found? Does it grow? Who invented it? Do you eat it, drink it, pickle it? Where do you buy it? In a hardware store, a supermarket, an apothecary shop? Is it sexy?

This unusual research challenge has been hurled at America's college population - to find the most intriguing and humorous definition of a Clamato, whatever it is.

A panel of famous judges will select the winners, according to Mr. Anrig, who said the competition will be extended until December 15, 1978.

The contest is open to any current full-time college student in the United States.

The answer to "What is a Clamato?" can be submitted in the form of an article, short story, fable, a painting, cartoon, jungle, photograph, sculpture, or any other means a student may employ. Contestants may enter as many times as they wish and no proof of purchase is necessary.

All entries should be sent to: What is a Clamato Contest, 17th Floor, 1212 Avenue of the Americas, New York, NY 10036.

Entries and ideas cannot be returned and will become the property of the Duffy-Mott Company. Decisions of the judges will be final. Be sure to provide your name, address as well as the name of your college or university with your entry.

## Daily Bible Readings

- Nov. 11, Prov. 24:15-20
- Nov. 12, 1 Kings 8:22-32
- Nov. 13, Ps. 12
- Nov. 14, Ps. 15
- Nov. 15, Ps. 73:1-20
- Nov. 16, Ps. 119:33-40
- Nov. 17, Prov. 21:23-31
- Nov. 18, Hab. 2:1-4
- Nov. 19, II Peter 2:1-3
- Nov. 20, I John 2:21-27
- Nov. 21, Ex. 18:13-27
- Nov. 22, Lev. 25:1-17
- Nov. 23, Deut. 15:1-11
- Nov. 24, Deut. 27:9-19

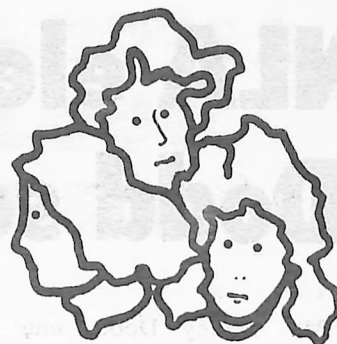
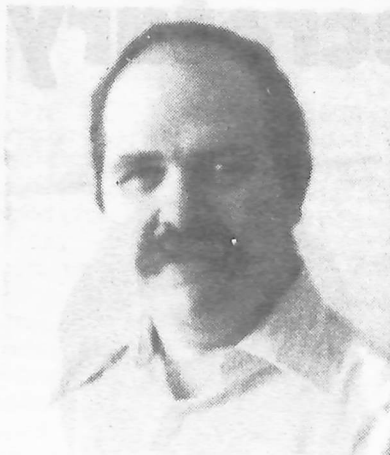
## Metricaids

Always leave a space between the number and the symbol to which it refers. Example: 16 m, 25.4 kg. In names or symbols for units having prefixes, leave no space between letters making up the symbol or name. Examples: millimeter, mm; kilogram, kg.

Only symbols of the five highest prefixes, tera, giga, mega, peta, and exa, are written with upper case. All others are lower case.

Groups of three digits before or after the decimal point should be separated by a space (full space in typing; half space in printing) and not by a comma. Where there is a group of 4 numbers, spacing is optional. Examples: 3 000 or 3000; 1 234 567, not 1,234,567; 0.135 177 not 0.135,177.

## FACES



**Don Warman**  
History Professor

- Favorite thing to do on a Sunday afternoon**  
Walking the hills around Blair.
- Favorite thing to do on an evening**  
Watch GOOD T.V.
- Favorite movie**  
Centennial
- Favorite dessert**  
Hagan Daz Ice Cream
- Favorite drink**  
Jack Daniels Black Label
- Favorite sport**  
Hiking
- Your pet peeve**  
Hypocrites
- Favorite TV show**  
"Nova"
- Favorite place to be**  
Wyoming
- Favorite singer**  
Luciano Pavaroti

## Decline in students forecasted

(CPS)--First estimates of fall enrollment in American colleges and universities see an increase of 2.8 percent over last fall's level. The National Center for Educational Statistics (NCES) expects a total of 11.6 million on campus, 320,000 more than 1977's 11.28 million.

If the estimates prove true -- the Center won't have final figures until the spring -- this will be the second consecutive autumn increase. Many schools, though, are still trying to recover from the fall of 1976, when enrollment in public colleges and universities dropped a precipitous nine percent.

And many administrators are still preparing for drops in the future. Demographers say the nation simply won't be

producing enough 18-year-olds in the 1980's to allow schools to maintain their course diversity and physical plant.

Some analysts also think that fewer 18-year-olds will enroll in college in the future because of a predicted slackening of demand for educated workers.

Specifically, by 1980 there should be some 4.2 million 18-year-olds who might go to college. By 1990, that number will fall to 3.4 million. Even fewer 18-year-olds will be available to populate the campuses in the early 1990's.

For the moment, though, the NCES sees enrollment at public colleges and universities hitting 9.1 million, with another 2.5 million at private schools.

## Mickey Mouse celebrates birthday



Artist - Teresa Michelson

Yes, Walt Disney's animated cartoon character, Mickey Mouse, will be 50 years old November 18. Mickey made his professional debut in the cartoon "Steamboat Willie" on November 18, 1928. A grand total of 118 cartoons were produced. Since that first

cartoon, Mickey had done many things: appeared on posters urging the purchase of war bonds during WW II; spawned "the Mickey Mouse Club" and became host of Disneyland.

Happy birthday, Mickey!

### Hair Styling

Men and Women

### Silver Razor

Blair Plaza

Phone 426-4824

No Appointment Necessary

Steve Tucker

Bob Hightree



# NLA elects Dodd secretary

Ms. Nancy Dodd, one of Dana's librarians, has been elected secretary to the Nebraska Librarians Association. This is quite an honor, for her and for Dana. There are over 900 members in this association; librarians from all over Nebraska. She was nominated by the Nominating Committee at their last annual convention, which took place in North Platte this year, and will hold her office for two years from the end of October. Her duties: to record meetings of the Executive Board, which meets four times yearly, and also the annual convention. Meetings will be held all over the state, so it will give Ms. Dodd a chance to do some traveling, which she is looking forward to.



MRS. DODD, Nebraska Librarians Association's new secretary.

For those of us who don't know about the Nebraska Librarian's Association - it is a chance for all librarians in Nebraska, whether from a small college, university or public library, to get together and talk about their common concerns. The topics cover a wide range of subjects, all related to the needs a library has. Finances are always an issue; why income is dropping off, and how to make the best use of what resources are available. They also talk about co-operation between libraries, things such as inter-library loan. They want to make materials available to as large a public as possible.

But the power of this association is not merely in conversation. The meetings are not only a chance for librarians to air their gripes; the group also possesses a latent political power. When roused on an issue they could do some lobbying. And an organized force DOES have a voice. For instance, the Association has gone on record as opposing the LID bill which is currently in the public eye.

Ms. Dodd has been a member of the Nebraska Librarian's Association for three years and is looking forward to her term of office as secretary.

## Teens and alcohol; a survey

To understand why the under-20 driver who drinks is such a menace, one needs to understand just how involved that age group has become with alcohol.

According to a survey of high school students conducted by the National Highway Traffic Safety Administration in 1975:

- 67 percent of the group said they felt a young person could drink five beers in a two-hour period and still remain within the legal limit.
- 28 percent believe they drive as well or better while under the influence of alcohol.
- 93 percent of the males and 87 percent of the females have experimented with alcohol by their senior year of high school.
- in grades 9-12, 95 percent of the high school students are in an unsupervised situation where alcohol is served at least once a month.
- half of all those in high school drink at least once a week.
- 40 percent of this group report they had at least four drinks in any one day during a given week.
- 61 percent claim to have been drunk at least once a month.
- 32 percent said they have been in a car in the last month where the driver was drinking heavily.
- half of the licensed drivers in the study group said they have driven while drunk at least once.

Part of the problem of adjusting to college is the development of systematic and efficient study habits. While an exceptionally bright person might get satisfactory grades without organizing his study habits properly, the chances are he could do much better with less total effort if he would take a long critical look at the way he approaches the problem of learning academic materials.

Since most instructors follow their textbooks rather closely, one can usually predict what will be discussed in class. Prepare yourself on a few items that will surely come up; then, seize the opportunity to recite when these topics are introduced.

**Quotable Study Tips**  
from aap student service

-Brown/ Holtzman  
"A Guide to College Survival"  
Prentice-Hall  
\*\*\*\*\*

-Francis P. Robinson  
EFFECTIVE STUDY  
Harper & Row

## Ethnic films available

The Center for Ethnic Publications at Kent State University is currently in the process of conducting a survey of films and other audiovisual materials on ethnic groups in the United States. Our main object is to identify and describe these materials produced by and about your ethnic group which can be used for educational purposes.

It would be appreciated if all interested parties would obtain a brief film questionnaire from our center on which they could provide title, brief description and any other relevant information about ethnic films and other audiovisual materials.

Please contact: Dr. Lubomyr R. Wynar, Director  
Center for Ethnic Publications  
School of Library Science  
Kent State University  
Kent, Ohio 44242

## Students become fat- conscious

CPS)--Students may not pick up the cause of Fat Liberation in a big way, but many are picking up on the fat. 18-24-year-olds are an average six pounds heavier than their counterparts of ten years ago, reports a recent federal survey. For students wanting to shed some of those pounds, their schools are coming up with some innovative ways to get them dieting.

Most student health centers will provide basic diet information, but the health service at Marshall University in Huntington, W. Va., goes a step beyond. They offer a free weight loss clinic, where students sign a contract to change their eating habits for a certain length of time. Exercise and nutrition are also part of the program, which is apparently successful. One student lost 20 pounds in less than two months.

Marshall's food service and P.E. department took dieting to the cafeterias and the gym, with lectures on exercise, junkfood, and low-calorie nutrition.

The psychology department at Wayne State University in Detroit is using behavior modification techniques in their weight reduction clinics. The most effective may be their requirement of a \$25 deposit, which is returned in \$2 amounts at each subsequent meeting attended.

Other methods require students to eliminate all extraneous stimuli at mealtime (like tv, radio, or book), keep a very specific record of what, where and when food is eaten, and hop on a scale at least four times a day. At one session, students are required to bring along a member of the household, who is urged to give positive reinforcement to the dieter.

A clinic survey found that everyone had lost at least six to seven pounds, with an average weight loss of 17 pounds, and that 75 percent of the participants had maintained the weight loss for six months.

# Christmas cheer for military

First, take a young person in military service, probably away from home during the Christmas season for the first time; mix with some mail. Then add an idea conceived by concerned Americans, and you have a continuing campaign called "Military Overseas Mail" (or M.O.M., as sometimes known) -- to serve our military personnel not only overseas, but Stateside as well.

In the previous Christmas programs, thousands of pieces of mail, primarily Christmas cards with notes and letters of support and encouragement written inside, have been collected from the public. This mail in turn has been distributed all across the U.S. and around the world, to let our

young military people know that we as individual Americans DO care about them. (If you have a friend or relative in military service, who would appreciate some extra mail at Christmas, send in the name and address, and M.O.M. will see that some mail is sent to them.)

This is an ideal Christmas project for students and their families, either as individuals or as members of organized clubs or other groups. For information on how you or your group may participate in this very worthwhile event, please send a stamped, self-addressed envelope to:

MILITARY OVERSEAS MAIL  
Box 1797  
Baltimore, Maryland 21203

## Looking for a "slide" course? Read on ....

COURSE 101:  
PREMATURE PARENTHOOD - Prerequisite: Irresponsible Sex. It's a snap course. Pass or fail. No exams, term papers, not even any classes. All that's required is complacency about your own sexuality and a basic naivete that's sure to keep you from being in control of your sex life.

If your general attitude on the subject of sexual relations is not unlike Scarlet O'Hara's "I'll think about that tomorrow", and if birth control is something you choose to leave up to "him" or "her" or to "fate", this course is for you.

Women will learn to shorten their college years considerably and reduce lifetime earning power substantially through the birth of an unwanted child or deal with choices, such as abortion or early marriage.

Men will explore the joint decision-making process on issues such as abortion, marriage, paternity, etc., perhaps ultimately experiencing the opportunity of learning to deal effectively with irate parents, social pressure, fatherhood, divorce, child support and so forth.

The foregoing course description is fictitious. It is an attempt to raise the sub rosa issue of premarital sex and to call attention to the fallacy that ostrich-like behavior will eliminate having to deal with the danger of unplanned or unwanted pregnancy. To bury one's head in the proverbial sand most assuredly will not eliminate that possibility and, with the ostrich as a mascot, one day your luck is apt to fly right out the window.

The focus of attention appears to have shifted in recent years from the sexual behavior of college students toward that of teenagers in general and of young teenagers in particular, thus statistics regarding intercourse on campus (which is notoriously difficult to estimate) are not very current. Nevertheless, in the early part of this decade, it was estimated that on a national average about 65 percent of male college students engage in "coitus" and about 50 percent of college women.

In any case, the *New York Times* points out (as recently as June, 1978) that "Half of the 11 million sexually active U.S. teens used no contraceptive the last time they had intercourse." Furthermore, it is believed that one out of every ten teen-age girls aged 15 or over in the U.S. will become pregnant this year; and roughly 30 percent will bear illegitimate children.

Theories are lately being put forth to explain this epidemic of teenage pregnancy: that fear of pregnancy is not as great as it once was and that motherhood is subconsciously desirable as a substitute identity and rite of passage into adulthood. One women's magazine indicates that "many girls think that sex should be spontaneous and that contraception would make it calculated and unromantic."

Richard F. Hettlinger, M.A., author of several books and articles on sex among young adults, particularly college students, writes: "I suspect that sexual behavior on campus is more often less free of convention than it appears. Rather than being based on independent values, it frequently seems to be motivated by a continuing need to reject traditional mores. It continues to be an extension of the necessary adolescent celebration of escape from the confines of establishment anti-sexualism, rather than a mature and considered pattern based on reflection and critical judgement."

A study done by Greer Litton Fox for the Merrill-Palmer Institute, published in 1977, reports that "patterns of contraceptive use among collegians, taking into account their increased maturity, education, independence and presumably greater access to contraception...do not seem to differ very much from teenage patterns."

Apparently confirming this lack of responsible sexual behavior at the college level, Richard Hettlinger points out in his book, *Sex Isn't That Simple*, that "Men often assume quite wrongly that any girl who agrees to heavy petting or

## collegiate camouflage

("slide" course - continued from page 4)

intercourse has automatically equipped herself for casual sexual activity. Many fail to check that their partner is protected, and some couldn't care less whether she is or not. Some men and women assume that because abortion is available as a last resort, there's no reason to worry about pregnancy, ignoring the fact that abortion is never just a matter of a simple visit to the doctor's office."

In defense of collegiate morals, Hettlinger says, "Unwanted pregnancies (at least among college students) are much more likely to occur if a couple are (sic) struggling to avoid intercourse than if they have accepted it. Babies are often conceived because the parents, not wanting to admit their desire or accept responsibility for their actions, failed 'on principle' to take adequate precautions and were carried away by passion. It is not the promiscuous who get caught, but the idealists who discover (too late) that they were not able to control their sexual needs and then find their marriage starting out with the heavy burden of an unwanted child."

We propose that you be the judge. Ask yourself whether the statements that have been made about you are on target. Ask yourself whether you and your friends are adequately informed and behaving realistically and responsibly toward sex.

Perhaps you're right on top of the latest contraceptive developments. But, most likely you're not thoroughly informed about the various methods, how they work, how effective they are and how safe they are. Why not find out what you don't know. Seek information on campus, if available, or contact a branch of Planned Parenthood. Call or write: Family Planning Information Service, 300 Park Avenue South, New York, New York 10010 (telephone: 212-677-3040).

The Population Institute in Washington, D.C., will assist any college student in organizing a project to develop or improve campus birth control services in conjunction with college health departments. Academic credit may be arranged.

Take the initiative. Act as peer counselor to your fellow students. Stop behaving like the campus ostrich.

Carelessness and indifference about contraception are never justified, and you can't make a problem go away by pretending it isn't there.

B Y R Y A R E K C A H T Y I N  
 A R E N K L U A F L Z A C K Y  
 B A Y L T O P O Z O L T C R O  
 R H K E X O W B M F W E V O T  
 O G S K T U W E L A B A W G S  
 N U V E Z U H N I N L W C R L  
 T A E N O T G N I K R A T C O  
 E M Y K E O F E D X Z U M A T  
 F L O O W U T T N L A G A U D  
 O I T A R S Y T A N O H L O D  
 C O S E M A L B L E O F E R M  
 R Z O L N U S E T N A V R E C  
 A N D F A R M H U X E L R K I  
 N Y S T I N E H Z L O S O L A  
 E R N O S N E V E T S L O Z A

Can you find the hidden novelists? Answers to be revealed in next issue.

- |           |            |
|-----------|------------|
| BALZAC    | ORWELL     |
| BENNETT   | SAROYAN    |
| BRONTE    | STEINBECK  |
| CAPOTE    | STEVENSON  |
| CERVANTES | TARKINGTON |
| CRANE     | THACKERAY  |
| DEFOE     | TOLSTOY    |
| FAULKNER  | TWAIN      |
| GOETHE    | VERNE      |
| GORKI     | VONNEGUT   |
| HUXLEY    | WAUGH      |
| KEROUAC   | WOOLF      |
| MALAMUD   | ZOLA       |



The Christmas Seal People Thank You...

...for giving more this year, so we can do more to fight lung disease

AMERICAN LUNG ASSOCIATION  
 The "Christmas Seal" People  
 We care about every breath you take

## Nurse's notes HIGH BLOOD PRESSURE

Everyone has blood pressure. Without it, the blood couldn't circulate in our bodies. In all human beings, blood pressure varies from day to day and from moment to moment. It goes up when we are excited and it goes down when we rest or sleep. These changes are perfectly normal. However, when blood pressure goes higher than it should, and stays that way, it may cause stroke, heart failure, kidney failure, or it may lead to heart attack. For this reason it is important to have your blood pressure checked from time to time.

When a physician or some other trained individual takes your blood-pressure, he measures the force of blood against the arterial walls. This force is generated by the heart as it pumps or beats. It keeps blood moving through the arteries. Arterial walls are elastic and muscular. They stretch and contract to take the ups and downs of blood pressure. Each time the heart contracts or beats, blood pressure in the arteries increases; each time the heart

relaxes between beats, blood pressure goes down. Thus there is a "upper" and a "lower" blood pressure and both pressures are measured when you are examined.

In a small percentage of individuals, the increased blood pressure can be traced to a specific disease or condition. But, the most common kind of increased blood pressure is primary high blood pressure. This condition does not seem to be related to any other disease.

At present its cause is unknown.

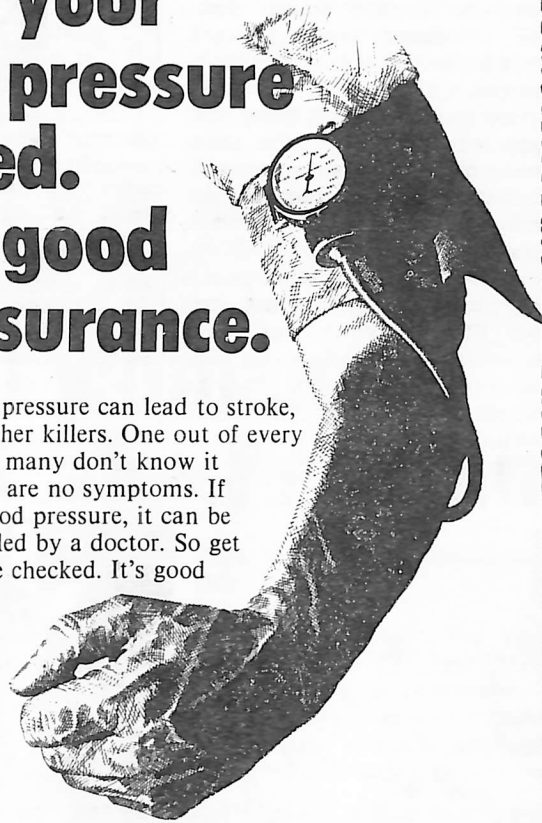
High blood pressure adds to the workload of the heart and arteries. The heart must carry blood that is moving under greater pressure. If high blood pressure continues for a long time, the heart and the arteries may not function as well as they should and other body organs may also be affected.

If a person has high blood pressure, he can be helped if he has his blood pressure checked periodically and stays under medical treatment. There are many medications which can be used to reduce and control blood pressure, and a medical program can be found that is suited to individuals needs. In addition, low-fat and low-salt diets are often prescribed. And changes in living habits, including rest and recreation are sometimes recommended, depending upon the person's condition.

Most people with high blood pressure have no symptoms at all! There are no specific warning signs. Although persistent headache, dizziness, fatigue, tension, and shortness of breath sometimes go with high blood pressure, they are also common in many people and may result from a variety of causes. The only way to find out whether you have high blood pressure is to have your blood pressure checked.

If you have read this article and decided that you are too young to be worried about high blood pressure, this fact may change your mind. Last year I held the first high blood pressure clinic at the Student Health Office at Dana and approximately 1 out of every 10 persons checked had a blood pressure which was above the normal range. This is just exactly what the American Heart Association predicted. Thus 10% of the Dana Community has high blood pressure, that would be approximately 58 people! Are you one of thses?

Get your blood pressure checked. It's good life insurance.



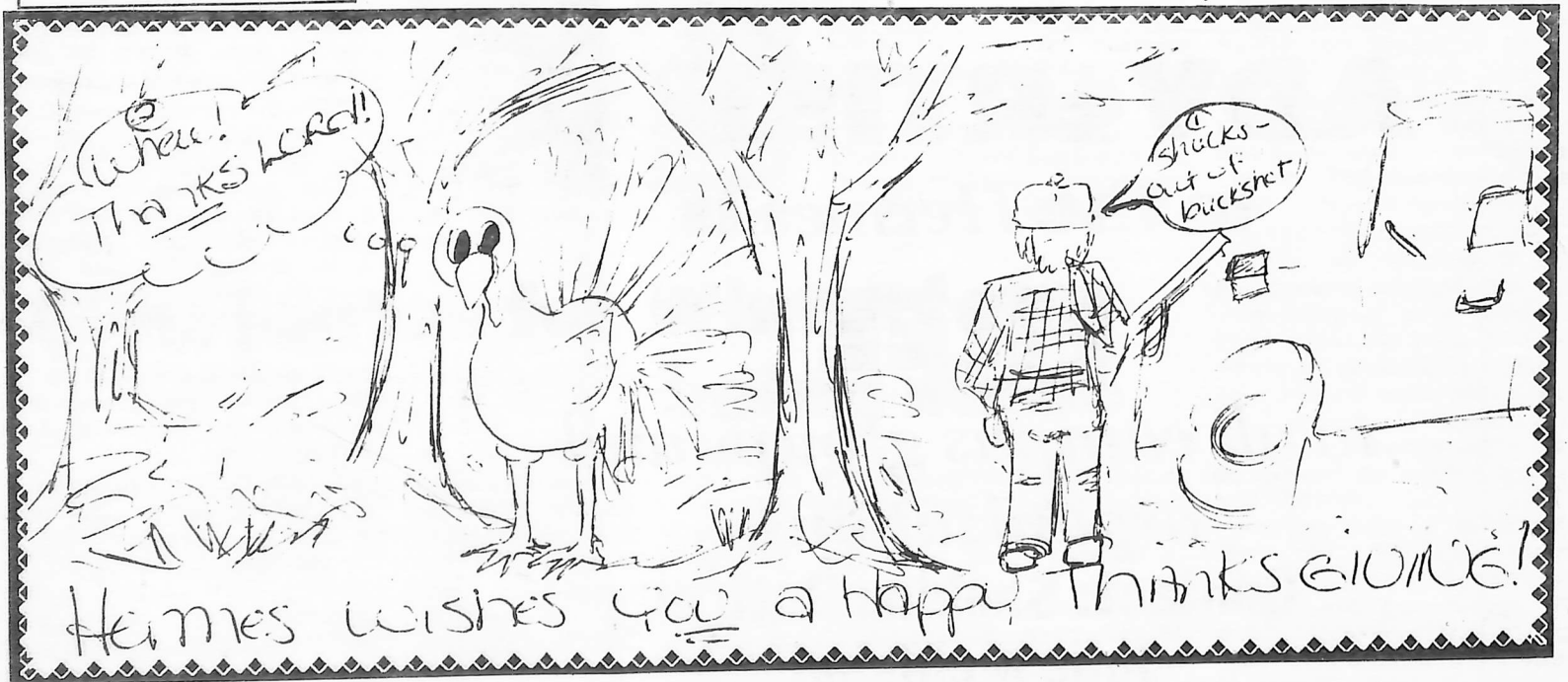
High blood pressure can lead to stroke, heart failure and other killers. One out of every 7 adults has it, and many don't know it because often there are no symptoms. If you've got high blood pressure, it can be treated and controlled by a doctor. So get your blood pressure checked. It's good life insurance.

Get your Blood Pressure checked at:  
 Nebraska Department of Health  
 Nebraska Regional Medical Program  
 Nebraska Heart Association  
 Student Health Office  
 ARGO Hall  
 Nov. 15-16, 1978  
 10 a.m. to 2 p.m.

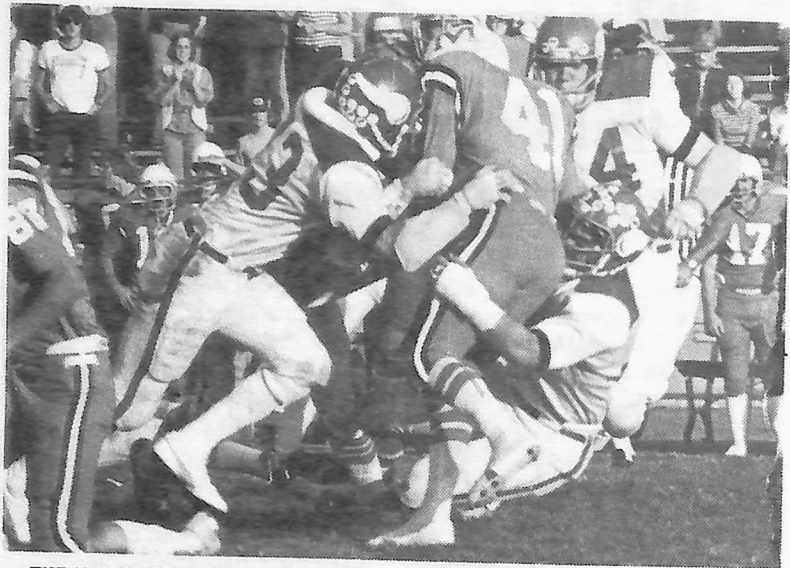
So says the VA... TWITCH by HOW RANDS



Contact nearest VA office (check your phone book) or a local veterans group.



Hermes wishes you a happy Thanksgiving!



**THE VIKING CRUNCH** - Carlan and Paist converge on a Midland running back. Next issue there will be the season statistics and wrap-up.

# Season concludes for Viking football

The Viking football team concluded its regular season with a 9-28 defeat at the hands of the Midland Warriors at Fremont Municipal Stadium, Saturday, November 4. The loss brought Dana's overall record to 2-7 and their conference record ended at 1-4.

Dana scored first on Doug Lemon's 26 yard field goal, but long runs by Greg Nettles and Chris Carson, both of Midland hurt the Viking punch. Jeff Rich, in the third quarter, scored Dana's only touchdown, the try for two points failed.

Yards rushing was a detriment for the Vikings as they were out-gained 91 to 314.

On Saturday, October 29, the Vikings ventured up to South Dakota to play Dakota Wesleyan and came up on the short end 10-27. Rich Rostan scored Dana's only touchdown on a pass from Doug Meggison, and Doug Lemon's try on a 39 yard field goal was good. Russ Hauley, Dana's defensive player of the game, swiped two interceptions, and was in on 7 tackles.

The team was not without its bright spots this season as their defense was one of the top in NAIA teams in the state. The offense was second to last in yards gained.

In seven of the nine games, the Vikings won the statistical battle between them and their opponent. Injuries had to take a toll this year as three key players, two from the backfield, sat out nearly all the season.

Wesleyan and came up on the short end 10-27. Rich Rostan scored Dana's only touchdown on a pass from Doug Meggison, and Doug Lemon's try on a 39 yard field goal was good. Russ Hauley, Dana's defensive player of the game, swiped two interceptions, and was in on 7 tackles.

The team was not without its bright spots this season as their defense was one of the top in NAIA teams in the state. The offense was second to last in yards gained.

In seven of the nine games, the Vikings won the statistical battle between them and their opponent. Injuries had to take a toll this year as three key players, two from the backfield, sat out nearly all the season.



**FIGHTING FOR EXTRA YARDAGE** - Doug Meggison (12) follows block of Eugene Johnson (65).

## Statistics men work hard for Dana

by Dick Johnson

The unsung heroes of Dana College; working through rain, snow, sleet, and hail. Never caring about themselves, just their jobs. Who are they? The men that are out there every week keeping statistics for the football team. What is their job? What inspires them to keep stats? Why is their job so important?

Kim Townsend, one of the rookie Stats keepers explains, "Statistics help coaches evaluate games and players. It's important to keep these (stats) to let teams know what they should work on." Statistics also help coaches determine all conference teams and how to get ready for upcoming opponents.

Statistics that these men keep range from tackles to individual yardage, pass attempts to punts, fumbles to field goals, and many more. The only four year letterman on football stats is Bob "Panda" Andrews, and he is the one the younger men look up to. "I try to be a fatherly figure to the boys, and although we're pretty young, we had a fairly good year," declared self-proclaimed captain Andrews.

Other members of this elite group are Kim Townsend, Tom Harm, and Bill Rock; all on the disabled players list.

"I think I contributed more to the team by keeping stats than if I would have played this year," evaluates Rock. Townsend also stated, "I got more tackles after I got hurt then before when I played." Kim kept tackles.

The most vocal member is Tom Harm who says he gets more out of yelling at the refs than anything else. Referees have been known to retaliate by saying Harm gets more yardage running up and down the sidelines keeping stats, then he would if he were in the games.

The most exciting thing that happened all year to a stats man? Kim Townsend explained, "My pencil lead broke and until I got another I had to keep them in my head."

So next time you see a panda bear, a one-armed farmer, and two little guys on crutches roaming up and down the sidelines, remember they're the stats men doing their head, unsung job. Give 'em hell Vikings!

## Winter Sports

### MEN'S BASKETBALL

\*NAIA Conference Games

Nov. 28	Tarkio	There
Dec. 1-2	N.W. Missouri Tour.	There
Dec. 4	Westmar	There
Dec. 7	Buena Vista	Here
Dec. 9	Wartburg	Here
Dec. 11	Peru	There
Dec. 15	Univ. Nebr. at Omaha	There
Dec. 29-30	Kearney State Tour.	There
Jan. 4	Bellevue	Here
Jan. 10	Buena Vista	There
Jan. 17	Northwestern	Here
Jan. 20	Concordia	There
Jan. 24	Westmar	Here
Jan. 27	Hastings	There
Jan. 31	Nebraska Wesleyan	Here
Feb. 3	Midland	There
Feb. 6	Doane	There
Feb. 8	Bellevue	There
Feb. 10	Concordia	Here
Feb. 13	Hastings	Here
Feb. 16	Morningside	There
Feb. 17	Nebraska Wesleyan	There
Feb. 20	Tarkio	Here
Feb. 21	Midland	Here
Feb. 28	Doane	Here

### WOMEN'S BASKETBALL

Dec. 2	Iowa Western	Here
Dec. 4	Westmar	Here
Dec. 8	Dordt	There
Dec. 11	Peru	Here
Jan. 6	Buena Vista	Here
Jan. 10	Briar Cliff	There
Jan. 13	Midland	There
Jan. 17	Peru	There
Jan. 19	Doane	There
Jan. 20	Creighton	There
Jan. 23	Concordia	There
Jan. 26	Hastings	Here
Jan. 29	Nebraska Wesleyan	There
Jan. 31	Platte	There
Feb. 2	Midland	Here
Feb. 5	Creighton	Here
Feb. 6	Doane	Here
Feb. 10	Concordia	Here
Feb. 12	Hastings	There
Feb. 14	Morningside	Here
Feb. 16	Nebraska Wesleyan	Here
Feb. 23-24	State Tour at Neb. Wesleyan	

Home Games: 7:30 p.m., Borup Coliseum

Couch: Paul "Pete" Peterson

Couch: Richard Palm

## FCA is at Dana

by Julie Johnson

On Tuesday night November 7th, Dana had its first meeting of the Fellowship of Christian Athletes.

The purpose of the FCA is to give people, especially athletes, the opportunity to share their faith and grow in spiritual relationship with Christ. Some of the things included in its program are films, Bible studies, discussions with prominent athletes and other activities.

The president is Tom Taggart, the vice-president is Dean Garrison, and the secretary is Kayla Walsh. Advisors to the new organization are Pastor Bergquist and Dean Palm. The FCA will be meeting every first and third Tuesday of each month at 9:30 p.m. in Rasmussen Lounge. Everyone is welcome to attend, especially those interested or taking part in athletics.



**CAN YOU DO BETTER?** - Tom Harm and Referee talk over a clipping call. Tom seems to be telling him where to put his flag.

## Jock talk

### Football

Saturday, November 4, closed the Viking football season. The game against Midland ended ten weeks of rugged practices and total dedication. After Saturday's game, the football team, held their traditional party, going through seven 16 gallon Kegs.

The Kegger, held off campus, signals the end of fall related sports and starts winter sports off right. Jay aist, one of the Keggers coordinators explains, "After

being on the wagon for ten weeks, it's good to get with all the players and just have some fun."

### Volleyball

With the season over, the members of the Girls Volleyball team, had their annual Chili Feed last Monday night at the home of Coach Carol Hauserman. After three dinner the team reflected on their season, and Karen Allison gave an entertaining magic show. This week the girls have been running around the campus trying to shed those extra pounds they gained there.

### Girls' Basketball

The girl hoopsters began practicing for the upcoming season Wednesday, November 1. Head coach Richard Palm and assistant coach Lee Ahrens have been running practice at 6:00 p.m. every week night in preparation for the Iowa Western game which will be played December 2, at 7:30 in Borup.

Coach Palm's evaluation of practices so far is: "Although it's early, we've been looking better than last year at this time. Our letter-women returning have shown good progress and leadership, while our freshmen also are impressive."

**Do you have something you'd like in the Hermes?**

**Contact:**

**Julie McMahill at Ext. 236**

**CLASSIFIED CLASSIFIED**

**PUT SOME MUSIC IN YOUR LIFE!**

**Panasonic Stereo System For Sale. Separate turntable, AM/FM Stereo receiver with 20 watts power, Auxiliary outputs, Two speakers. Only \$279.00. Call 426-9860 after 5 p.m.**

**ADVERTISING in the Hermes is FREE**

**to all campus groups and organizations.**

**Contact: Sheldon Roth or Julie McMahill**