

# HAVE A JOYOUS EASTER

## Dana receives Dali print

A handsigned color lithograph by Salvador Dali valued at \$1500 was added to the Parnassus Collection last week.

The original print, number 187 to 250, was given to Dana by the National Association for the Exchange of Industrial Resources, a not-for credit organization that identifies itself as "The gifts to schools people."



Friday, April 6

Dana College, Blair, Nebraska

Vol. LIX, Issue X

## Marathon raised \$4,285

Dana students who danced in the campus Muscular Dystrophy Marathon on March 2 and 3 have raised more than \$4,285, co-chairmen Mari Barry (Crete, Nebraska) and Jean Irby (Casper, Wyoming) report.

Couples with the most pledges were Karen Barter (Fullerton, California) and

Gary Beltz (Norfolk, Nebraska), first place with \$460.50; Sabina Kirk (Waterloo, Nebraska) and Randy Rosenthal (Ralston, Nebraska), second place with \$449.50; and Amy Holmquist (Omaha, Nebraska) and Tony Jones (Beatrice, Nebraska), third place with \$381.

## Preus to receive honorary doctorate at inauguration

Dr. David W. Preus, president of The American Lutheran Church, will receive an honorary doctor of divinity degree at the inauguration of Dr. Kallas as president of Dana on April 18. Preus will give the main address at the 7:30 p.m. event.

Preus was elected vice-president of the ALC in 1978 and became that synod's president in 1973. He is a graduate of Luther College, Decorah, Iowa, and Luther Seminary, St. Paul, Minnesota. He has done graduate work at the University of Minnesota Law School, Union Theological Seminary, and the University of Edinburgh.

Preus has been Halford Luccock Visiting Pastor at the Yale Divinity School and holds the Commander's Cross of the Royal Norwegian Order of St. Olav.

Throughout his career he has been active in civic and community affairs and is internationally known for his work as a church leader and civil rights advocate. He has served as chairman of the Minnesota Council of Churches Fair Housing Commission, chairman of the Minneapolis School Board, delegate to the White House Conference on Equal Opportunity, and vice-president of the Lutheran World Federation.

In recognition of these and other activities, Preus has received honorary doctorates from Luther College, Wagner College, Pacific Lutheran University, St. Olaf College, Gettysburg College, and Macalester College.

## Production of "Charlie Brown" to be Dinner Theater

Your're a Good Man, Charlie Brown will be performed by the Dana College Players as dinner theater in the Campus Center April 27, 28, and 29. The production will close the Players' 1978-79 season, rather than Aristophanes' The Frogs, which was previously announced.

"Charlie Brown" cast members include Jerry Christensen, Harlan, Iowa, as Charlie Brown; Jane Travnick, Clarkson, Nebraska, as



DR. DAVID W. PREUS

## Students to give Baroque concert

Baroque music for voice, flute and recorder will be featured at a concert by Dana students in Parnassus on Monday, April 9, at 7:30 p.m.

Singers include Joanne Hansen and Brent Noel of Blair; Betty Bliss, Aurora, Colorado; Dawn Diffey, North Bend, Nebraska; Elizabeth Falksen, Ellendale, Minnesota; Mary Heistand, Woodbine, Iowa; Kevin Nelson, Shenandoah, Iowa; Jane Travnick, Clarkson, Nebraska; and Mark Walth, St. Paul, Nebraska. All are students of voice instructor Lucinda Sloan.

The flutist is Diane Timm of Springfield, Nebraska; the recorder player is Pastor Bruce Bergquist. The concert is free and open to the public.

Lucy; Mike Coppock, Omaha, as Snoopy; Craig Shaffer and Mary Heistand, both from Woodbine, Iowa, as Linus and Patty; and Mark Amman, Randolph, Nebraska, as Schroeder.

The dinner buffet will open at 7 p.m. each evening, with the play beginning at 8:30 p.m. Tickets are \$3 for children 10 years old and under, and \$6 for all others. Reservations are required by April 24 and can be made by contacting Saga Food Service.

## Forell in ALC TV series

"When everything is going great but something is missing and you're still not a real person, you begin to wonder why."

That's the question raised by Gary Burghoff, better known to most Americans as "Radar" of the television series "M\*A\*S\*H".

M. Burghoff appears in the second of the "We're #1?" half hour television specials produced by The American Lutheran Church (ALC) in Minneapolis. The special will be seen from April through June on about 140 television stations throughout the country.

Mr. Burghoff's question focuses on the search for self-identity, the theme of this program in the ALC series.

Describing his own search for identity, Mr. Burghoff tells of the time when "I was sitting on a rock, just looking over the ocean. I felt so lonely, I just started to weep."

He analyzes his feeling about who people think he is, and who he feels himself to be, as he

relates the differences between the Hollywood images people have of him and his own feeling about his roots and close family ties in Connecticut.

"Cadillacs, swimming pools, wealth and fame and all of that-- I don't identify with that at all," he comments in the program.

Others featured in the self-identity special are George Forell, Carver Distinguished Professor at the University of Iowa's School of Religion and was a speaker at Dana first semester; Sybil Morial, an administrator at Xavier University, New Orleans, and wife of that city's mayor; author Virginia Satir, who has been described by *Human Behavior* magazine as "everybody's family therapist," and Robert Aldridge who, after 16 years as an aerospace engineer, resigned for reasons of conscience and now feels himself "liberated from the military-industrial complex."

Bringing in a theological dimension, Dr. Forell says,

"It's not enough to find out who you are, but also to whom you belong."

According to independent audience research, an estimated 8,000,000 persons viewed the first program in the ALC's "We're #1?" series which was shown on 132 stations at the time of Super Bowl XIII. It dealt with the American obsession of being number one in sports and business. The program was shown on stations in 9 of the largest 10 television markets.

The third in the series, to be shown around Labor Day, will deal with racism. The fourth, to be aired around Thanksgiving, will be related to consumerism.

The objective of the series is to "examine issues at the intersection of Christian thought and daily life."

After the showing of the first program in the "We're #1?" series, one station manager expressed the wish "that other religious production would use this type of format, because I believe it would capture the audience better."

## Californian donates \$25,000 Lincolnite wins at Dana Chess Open

Twenty-seven players participated in the two-day Dana Open Chess tournament on March 9 and 10, Chess Club adviser Bruce Bergquist reports.

Bergquist said that the trophy for the top finishing fulltime student went to Jim McCrory, a College of Engineering freshman at the University of Nebraska-Lincoln. He is a veteran of four years of tournament chess and

editor of *Gambit*, the newspaper of the Nebraska State Chess Association.

McCrory is a 1978 graduate of Pius X High School in Lincoln and the son of Mr. and Mrs. Vernon McCrory, Lincoln.

Bergquist said that the next chess event at Dana is scheduled for April 28. It will be a quadrangular tournament with four-person sections and round-robin play.



"SISTER ANGELICA", a opera, was presented at Dana for Parent's Day.

(continued on page 4)

# Editorial comment Spring(?)

Believe it or not spring has officially sprung; about two weeks ago, matter of fact. And there are people here who are valiantly trying to act like it really is here.

Just last week there actually was one day that the ladies stretched out on the grass, turned their faced up toward the sun, and wore shorts and halter tops. And the guys were blasted out of their dormitories by tunes of Billy Joel and The Who.

But that was only one day. All the rest were dark, gloomy, weary, dreary, cold, rainy; to sum it all up - YUCKY! Are you seriously beginning to wonder if those stupid April (?) showers will ever turn to beautiful May flowers? Will the leaves and grass ever turn green? How about sounds of lawn-mowers and grass clippers permeating the air ever again? Well gang, eventually it will come. When? only God knows, but destiny guarantees that sooner or later spring will arrive.

The robins seem to believe that spring is here and everyone knows robins are a sign of spring. And all the spring sports have started



practice, so they must think it is spring. The sophomores are playing tennis and golf in their physical education classes and those are warm, weather activities.

You know what's wrong? Here's another one of those great McMahill's Theories: Someone forgot to tell Mother Nature that us earthlings need some warm weather. Her and God have been so busy with other things like buying and trading oil, or watching a nuclear power plant fail. You know how old people sometimes forget things. So why don't you stop and take some time to remind God and Ma Nature that spring is already two weeks late. Just think of the influence approximately 450 people would have concerning a request like that....  
by Julie McMahill



# Letters to the editor

To Students, Faculty and Dr. James Kallas,

I'm sure that most, if not all of you, received Dr. Kallas' note this past week which stated a few things that we at Dana can be thankful for. I personally was very glad to hear about the success of our choir and of the large, much-needed gift from Mrs. Rasmussen of 25,000 dollars. We can surely use it.

Also it was very nice of Dr. Kallas to remind us of the long years of faithful service that both Coach Pete and Mrs. Laaker have given this fine institution. And yet it seems to me that Dr. Kallas is really reaching for something to print in order to give lip service to the students suggestions and points brought up at the open forum. We, the members of the Dana College Community, are not so naive as to think that we could survive as an educational institution without the dedication of the faculty and administration. Yet Dr. Kallas cannot be so naive as to think that we as students are going to be taken in by this farce of a letter "what we can be grateful for announcements." Surely there are more relevant things that we can be grateful for that

could be written down, things that we can look upon and say "now that's something that is going to help Dana in its struggle for survival or "that makes me glad to be part of this community." It seems to me that Dr. Kallas is searching for something that will satisfy the students and not put his position of control in jeopardy. Come on, Dr. Kallas, treat us like students and adults and not like pre school children. We are not satisfied with your token "grateful letters."

I for one am tired of being told only a grain of the truth and only obvious things. I think as a senior I have paid my dues and I deserve to be told more than what the president decides. Get off of your bureaucratic back side Dr. Kallas and be honest with us at least once before certain truths come out and you are made a fool of. I'm sure I speak for a good number of the students when I say that we are not satisfied with the efforts of the office of the president in areas of student affairs. Thank you, Jerry Bauerkemper

Editor's Note:  
This letter was written on the back of the "What We Can Be Grateful For" announcement from Dr. Kallas

Dear HERMES,  
I would like to be one of the first to give you a pat on the back and say "Job Well Done!" Each issue of the *Hermes* has been getting better each time. The last issue was the best so far.

A point that should be brought up is, a newspaper is not just a means to document the events as they pass, nor is it just a diversion or entertainment. A newspaper is a voice for the people. A voice that is not biased or prejudiced with the issues at hand. A newspaper is a voice that is available to the individual to let that person have the chance to speak out on how he or she feels on the important topics of our time. "The *Hermes* is just such a newspaper!"

Thank you *Hermes* for being on the job and giving Dana College students a voice!

Signed,  
Randal R. Schulze

## Take note of THIS!

On Friday, April 13 (Good Friday) President Kallas will be the chapel service speaker. All 10:30 a.m. classes that Friday will be rescheduled to meet at 9:00 a.m. on Thursday, April 12. For more information, talk to your Professor.

# Campus

# Highlights

A campus cleanup sponsored by Ekklesia Koinonias is scheduled for this Saturday, April 7, beginning at 1 p.m. The congregation is hoping for a good turnout of students and members of the faculty and staff.

Darrel Dibben served as a judge at the state speech contest in Kearney at Kearney State College on Saturday, April 7.

Lucinda Sloan gave recitals at UNO on March 19 and at Plymouth Congregational Church in Lincoln on March 28. On April 27 and 28 she and her husband, together with the UNO Dance Ensemble, will present "The Confession Stone" at 8 p.m. in the UNO Auditorium. Another afternoon performance is planned for April 29.

Dr. Paul Neve extends an invitation to members of the Dana community to join the Dana Choir in a performance of Brahms' *Requiem*, to be given either the last Sunday in April or the first Sunday in May. The first rehearsal is set for Monday, April 2, a regularly scheduled choir practice. Those wishing to sing with the choir can join the rehearsal at either 4:10 or 5:10 on that day and subsequent Mondays and Wednesdays, and at 5:10 on Thursdays. If they wish, participants can obtain the music in advance from Paul Neve.

Senior Lanette Monasmith will give a piano recital in AMA on Sunday, April 8, at 7:30 p.m. Her program will include works by Bach, Schumann, Gershwin, and Previn.

April 8-20: "The Art Poster," Parnassus

Jennifer Johnson directed an area college residence hall of staff workshop on Saturday, March 31, in Omaha at the Boys Town Continuing Learning Center. Colleges represented at the workshop were Doane, Midland, Nebraska Wesleyan, and Dana. The morning program was concerned with how a staff member can deal with the problem of alcoholism, and the afternoon, with how staff members and floor leaders can help students develop a sense of community in residence halls.

Saturday, April 7  
8:00 a.m. ACT Testing, Old Main  
8:00 - 8:30 a.m. Faculty Retreat breakfast, Campus Center

9:00 a.m. Faculty Retreat, Dr. William Streng, "A Theology of Relinquishment," Elk Horn Hall.  
11:30 a.m. Faculty Retreat lunch, Campus Center  
1:00 p.m. Campus Cleanup, sponsored by Ekklesia Koinonias  
1:00 p.m. Baseball, Doane, Paul Peterson Field  
8:00 p.m. SAB film, Oh God, DHA  
Sunday, April 8  
2:00 - 4:00 p.m. Opening reception, "The Art Poster," Parnassus.

April 8 - 7:30 p.m. Student recital, Lanette Monasmith, piano, AMA  
Thursday, April 12  
7:30 p.m. Maundy Thursday communion service, AMA  
April 22-May 8 - Student art exhibit, Parnassus  
April 22 - 2:00 p.m. Dana College Band concert, AMA  
April 22 - 3:30 p.m. Student voice recital, Candy Hogden and Joe Eagan, AMA

Sophomore Betty Bliss, who plays an accordion with the Dana Folk Dancers, will give an accordion recital in Alumni Memorial Auditorium on Tuesday, April 10, at 7 p.m. Her program will feature several works by Magnante.

EK is holding a Compline Service every Sunday, Monday, and Thursday at 10:30 p.m. in the Blair Hall chapel.

All groups that will be eating meals early are asked to notify Tom in the Food Service at least two days in advance. This request includes groups like play casts, athletic teams, classes going on field trips, and the like.

"Enhancing Science Instruction through Photography" is the subject of a 92-page booklet by Professor Larrie Stone that has recently been published by the Nebraska Department of Education and distributed to high school science teachers across the state.

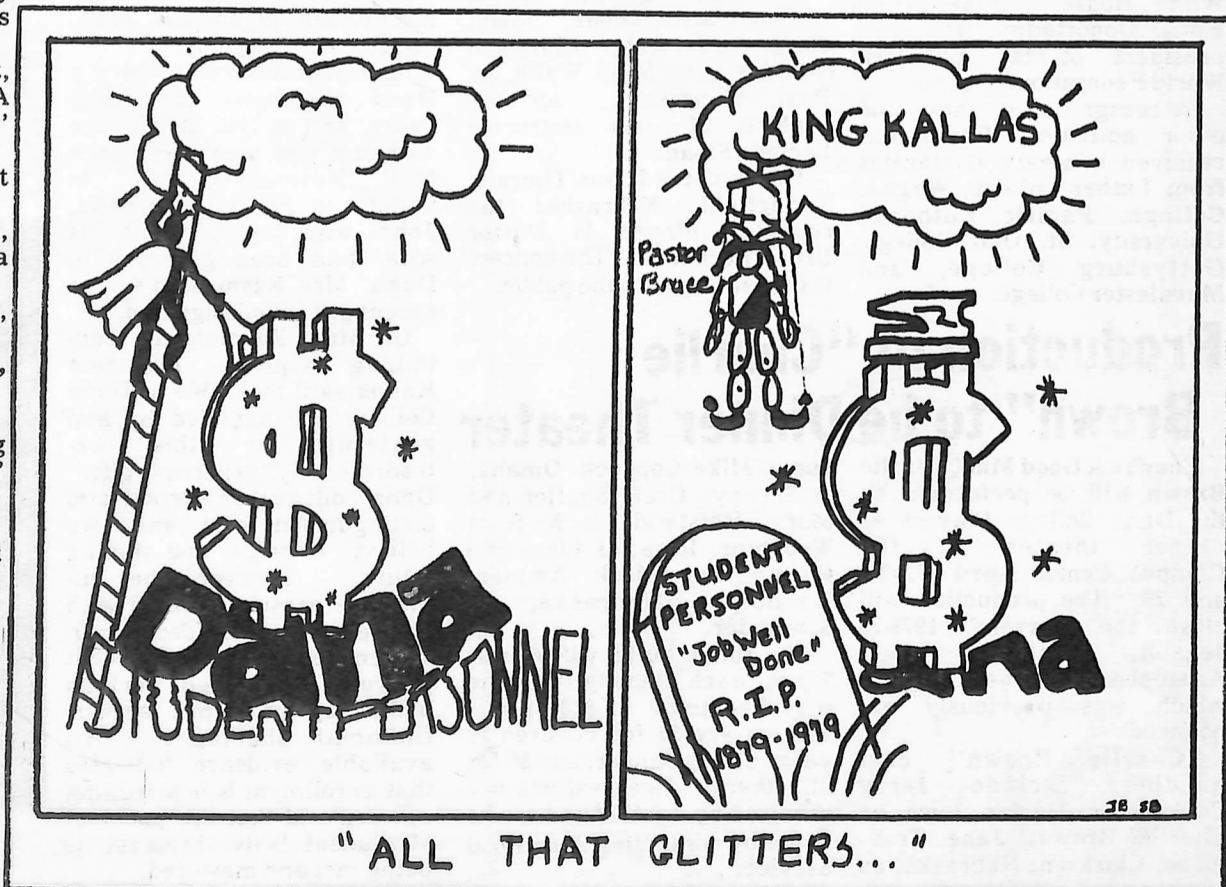
A large photograph of Professor Emeritus Aagot Hoidahl, former head librarian, appears in an article in the first-floor hallway of PM.

The College has received word of the death in Oregon of Mrs. Grace Brewster, school nurse at Dana for 23 years until her retirement in May 1975.

Bodil Johnson attended the Spring Conference of the Nebraska Chapter of the American Association of Teachers of German at Nebraska Wesleyan University on Saturday, March 24.

Norman Bansen, who was appointed a Danforth Associate in 1974, attended the biennial conference for Danforth Associates of the Midwest Region at the Hilton Plaza Inn in Kansas City on March 15-18. The 120 participants, which included spouses, discussed higher education in the 1980's.

April 23- 7:30 p.m. Student voice recital, Sarah Bryceson and Terry Patience, AMA



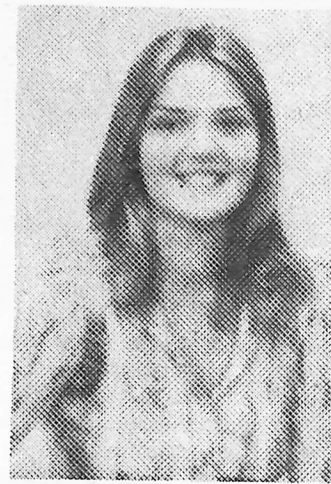
# "F A C E S"



**Bruce Bro**  
Student body president



**Cheryl Lustgraaf**  
Student body vice-president



**Sheri John**  
Student body secretary

**Favorite thing to do on a Sunday afternoon**  
Relax and listen to music.  
**Favorite thing to do on an evening**  
Go to an expensive restaurant and charge it.  
**Favorite movie**  
Goodbye Girl  
**Favorite dessert**  
Chocolate chip cookies and butter brittle ice cream.  
**Favorite drink**  
Miller-Hi-Life Beer  
**Favorite singer**  
Billy Joel  
**Favorite sport**  
Tennis  
**Pet Peeve**  
Negativism in people  
**Favorite TV Show**  
Star Trek  
**Favorite place**  
Eugene, Oregon

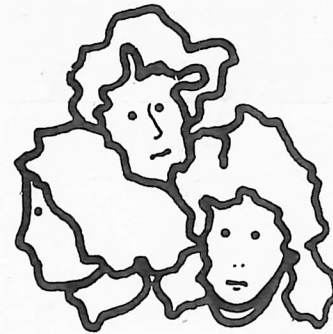
**Favorite thing to do on a Sunday afternoon**  
Sleep  
**Favorite thing to do on an evening**  
Talk with friends  
**Favorite movie**  
"Goodbye Girl"  
**Favorite dessert**  
Date-cake  
**Favorite cocktail**  
Smith and Currins  
**Favorite singer**  
James Taylor  
**Favorite sport**  
Basketball  
**Your pet peeve**  
People who are apathetic  
**Favorite TV show**  
Mork and Mindy  
**Favorite place**  
Germany

**Favorite thing to do on a Sunday afternoon**  
Sit and talk with people I care a lot about.  
**Favorite thing to do on an evening**  
Try to relax  
**Favorite movie**  
"Little Big Man"  
**Favorite dessert**  
Anything homemade and fattening!  
**Favorite cocktail**  
Strawberry Daquiri or shots of Tequila. (I'm an extremist!)  
**Favorite singer**  
Jackson Browne  
**Favorite sport**  
Baseball and swimming  
**Your pet peeve**  
People that love themselves far more than they do other people.  
**Favorite TV show**  
None  
**Favorite place**  
In the arms of someone I love



**Gary Cissel**  
Student body treasurer

**Favorite thing to do on a Sunday afternoon**  
Play basketball  
**Favorite thing to do on an evening**  
Relax and watch TV  
**Favorite movie**  
Star Wars  
**Favorite dessert**  
Cherry delight  
**Favorite cocktail**  
Singapore Sling  
**Favorite singer**  
Barry Manilow  
**Favorite sport**  
Basketball  
**Your pet peeve**  
People who talk behind other people's backs  
**Favorite TV show**  
Mork and Mindy  
**Favorite place**  
The Rocky Mountains



**Do you have something you'd like in the Hermes?**  
Contact:  
Sheri John  
at Ext. 331



The *Hermes* is a bi-monthly publication put out by the students of Dana College, Blair, Nebraska 68008 during the school year, except holidays and final exams week.

Opinions expressed are those of the *Hermes* staff, and not necessarily those of the administration, faculty or remaining students of Dana College.

Letters to the Editor are welcomed, but they must be signed by the individual in order to be printed. Names will be withheld upon request. The Editorial staff reserves the right to edit all letters.

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## Women's intramural championship

Women's Intramural Basketball began with a great deal of enthusiasm which continued throughout the schedule of games. This year there was much interest and six teams were created (and a captain picked for each team). The teams usually played twice a week on the tile floor at Borup Coliseum. The hours the women played at were 7:00 p.m., 8:00 and 9:00 p.m.

The women played about a month of games before a tournament was set up to determine the championship team of the Women's 1979 Intramural season. The championship game was played between Annette Laune's, and Candy Mitchell's team. The game was action packed with good ball handling and shooting, ending at regulation time with the score tied. An overtime was taken in which Laune's team won a close decision by one point. In being the winners of the tournament the team received intramural champion T-shirts.

Throughout the Intramural games the teams showed spirit, athletic ability and all of the women had fun. Recreational Coordinator, Jo Roberts, commented on the season stating "I was really pleased with the turnout of teams this year, it was a lot of fun. Hopefully next year there will be a few more teams out for more competition and a little longer Intramural Basketball season."

## Know what to do if tornado strikes

---Clip And Save---

Make certain you know what to do should a tornado strike. Go over this list with friends and family. Hold a tornado drill.

There are some steps to be taken when a tornado watch is issued.

First, stay alert to changes in the weather and the forecast.

Next, store such things as lawn furniture and trash cans that could become missiles in a high wind.

Clear the way to the sports you have chosen as safest in your home during a tornado. These should be away from outside walls and windows, in the basement or a small room, such as a closet or bathroom. Stay away from concrete block basement walls, specially those partially above ground level. They can fall into the basement.

Keep a portable radio equipped with fresh batteries where you can grab it in a hurry.

Tornado expert T. Theodore Fujita of the University of Chicago recommends a motorcycle helmet or similar gear to protect against head injuries. If neither is available, use pillows.

If a tornado warning is issued, take these precautions immediately:

-Shut off the main electrical switch if you have time.

-Take cover and protect your head. Get under something sturdy if you can.

-If you are in a large building, crouch in the basement or a ground level corridor away from windows and cover your head.

-If you are outdoors, get into a ditch or other depression.

-Never stay in a trailer. If you can't get to a strong building, get in a ditch.

+If you are out and see a tornado and it appears to be standing still but getting larger, take cover at once. It's heading your way.



DANA CHOIR gave its home concert at First Lutheran Church in Blair, on Sunday, April 3rd.

Solution to last issue's crossword puzzle.



## Nurse's notes SHAPING UP FOR SUMMER

When you have to walk somewhere, do you feel like lying on the ground and rolling to your destination? If the elevator breaks down and you're faced with three flights of stairs, do you break out in a cold sweat? Maybe you're out of shape!

If you'd like to get in shape for summer, now is the time to start. Don't put it off any longer. Don't make excuses. Do tell yourself that, with a little effort and help of exercises, you'll look and feel better than you've ever felt before.

This article doesn't have all the answers. It doesn't offer a quick, effortless, and simple way to look and feel good. In fact, this whole article can be summarized in six words: Watch what you eat and exercise! If you follow those six words, you can be fit by summer!

Some points to consider about getting in shape are:  
**Being Physically Fit**

Being fit doesn't mean you must be muscular. It means you're trim, you have good health habits, you eat a balanced diet, and you get enough rest and relaxation. If you're fit, your heart, lungs, and circulatory system run efficiently.

Summing it all up: Being fit is feeling good and looking good!

### How Much Exercise

A noon-hour tennis game every other week isn't the best way to exercise. Riding a golf cart isn't a good way to exercise either.

To be physically fit, you must exercise regularly, that is, three time a week or more for twenty minutes or more.

When you exercise you must work hard enough at it so that you breathe hard and sweat.

### Will The Heart Be Strained

You're more likely to have a heart attack if you don't exercise than if you do. If you're more than 30 years old or if you've had a medical problem, are overweight, or haven't been very active for several years, talk with your physician first. Remember, however, there isn't much that can damage a healthy heart.

### What To Eat

To be trim and fit, you must exercise regularly and eat a balanced nutritious diet. If you're just a little overweight, you may just need to eat fewer fried foods, rich desserts, dressings, and sauces. If you're really overweight, 10 pounds or more, you will need a special diet.

Here is an example of a balanced, nutrition diet:

— A food rich in protein at every meal (meat, fish, eggs, milk)

— A food with Vitamin C at least once a day (oranges, grapefruit, tomatoes)

— Green or yellow vegetables at least once each day

— Whole-grain or enriched breads and cereals at least once a day

### How To Start

— Talk with your physician or school health nurse first, esp. if you are overweight or have any medical problems. They can help you decide which program is best for you.

— Once you get the go-ahead, set some goals. They don't have to be complicated or difficult. Tell yourself, for example, that you'll jog three times a week for 15 minutes.

— Pick exercises that you enjoy and you think work for you.

— Don't expect quick or dramatic results. Be prepared to wait 3 months before you notice a difference in your looks and how well you feel.

— Stick with it, Think about how well you will feel and how you're going to look. Take a "before" picture of yourself. Keep track of your weight and how many exercises you do. You'll see yourself improving!

You'll have no problem finding books and articles about exercise and diet. Many of the books are good, some are faddish and a few could be harmful.

One good source of information is The President's Council on Physical Fitness and Sports. Two Council pamphlets are:

"Adult Physical Fitness: A Program for Men and Women" which includes illustrated exercises, instructions, charts, and progress records; everything you need to get into shape.

"Exercise and Weight Control" emphasizes how important exercise is in losing weight and maintaining a favorable energy balance at a lower body weight.

For a free copy of each send your name and address to:

The President's Council on Physical Fitness and Sports, Washington, D.C. 20201

Copied from a bulletin of the Nebraska Dept. of Health "Better Health"

## Are you really drinking "Light" beer?

The Miller Brewing Company called upon the Bureau of Alcohol, Tobacco, and Firearms to end the deceptive practice of Anheuser-Busch, Inc. of promoting its 134 calorie Michelob Light as a reduced calorie "light" beer. Miller asked the BATF to prohibit the use of the terms "light" and "light beer" for any beer containing more than 100 calories in connection with reduced calorie claims.

"Michelob Light is promoted as a 'light beer' even though it contains 134 calories, substantially more than other reduced calorie beers and only a few calories less than Budweiser, the same brewer's regular premium brand," the Miller memorandum said.

Most reduced calorie beers contain 100 or fewer calories, or about one-third fewer calories than their regular brands. Michelob Light contains only one-fifth fewer calories than Michelob regular and only slightly fewer calories than Budweiser, Anheuser-Busch's regular premium brand.

In contrast, Lite Beer from Miller, like the vast majority of reduced calorie beers that

have been introduced in the wake of Lite's success, contains 96 calories, one-third fewer than Miller High Life.

The higher calorie count of Michelob Light, said Miller, may result from the way it is produced. "Michelob Light is simply watered-down Michelob."

To develop Lite, Miller did not simply water-down its regular premium, Miller High Life. Like many other brewers who have since also developed reduced calorie beers, Miller achieves calorie reduction by the use of a food enzyme.

Since Miller's national introduction of its 96 calorie Lite beer in 1975, there has been enormous demand for reduced calorie beer.

Miller pointed out that there are now no specific restrictions or guidelines as to what type of beer may be promoted as a reduced calorie beer or advertised as a "light beer".

For that reason, Miller proposed a 100 calorie standard, that conforms to the basic intent of the FDA regulation for food, for beers using "light" to designate calorie reduction.

Are YOU looking For:

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experience  
?????

Then apply for  
Hermes editor  
position NOW!

Talk to Julie  
McMahill for  
more details  
before Friday,  
April 13

(\$25,000....continued from page 1)

"But in the immediate moment, to see us through the problematic present, Dana is heavily dependent upon the support of its friends and alumni. Mrs. Rasmussen's gift, from this point of view, is not only deeply appreciated as solid financial help--it is also a

stirring symbol of the confidence of our constituency, evidence of their conviction and ours that Dana College shall indeed weather the present storm and achieve that bright and shining future that lies ahead!"

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## Hypnotist review

On the evening of March 28th interested students enjoyed the treat of a visiting hypnotist. This man was not a professional entertainer; he was, in fact, a doctor and father of a Dana girl. Herb Doubek combined explanation and examples during an absorbing 90 minutes.

Doubek began by telling of Dr. Mesmer, the Frenchman who is the first hypnotist on record. He then explained that differing levels of hypnosis exist, and that hypnosis is currently being used for purposes of psychology, as in isolating childhood incidents; and also for medical uses, especially for blocking out pain and as anesthesia.

Volunteers were called for, and Doubek showed ease and expertise in his methods of relaxing the selected two people and making them forget the surrounding observers. John Ragan was sufficiently hypnotized, and therefore did not flinch as Doubek stuck needles in his arm and ear. Also, a teenager from Blair was taken back to his third birthday and was enabled to recall the events of that special evening.

Dr. Doubek spoke in a casual manner; members of the audience felt perfectly free to ask questions regarding his rise of hypnosis and some myths concerning the practice.

The event proved both informative and entertaining.



CLOWN MINISTRY entertains fellow Dana Students

## Sorority speaks

The Kappa Theta Phi Sorority pledges have completed their training. After a final line-up the girls will eventually be notified if they are to be activated. Good luck girls! (Also, our thanks to you for the Labor of Love dinner, it was great!!)

The actives met last Sunday to set times and arrangements for our next meetings. On April 22 will be the election of new officers.

Our congratulations go out to active Sheri John for being

elected Student Body secretary for 79-80. Also to Jo Roberts for obtaining a seat in the Student Senate (79-80 also). Good luck to you both!

Other active actives are out bowling, "batgirl"ing, working and playing softball. Obviously we're all keeping busy!

My special prayers go out to all of you to have a most joyous and blessed resurrection celebration. May God Keep You and guide you always. With love, KOI chaplin.

## That never-ending ritual of shaving

Just the other morning while involved in the ritual of standing, razor in hand, the idea occurred to me that the average man spends about six months of his life shaving his face. Therefore, I felt it quite amusing to look back at the mystery and history of whiskers.

The first thing which came to mind is when Adam and Eve were cursed. By some strange reason the biblical historians overlooked a part of Adam's damnation which included the never-ending tribulation of fighting his whiskers. The razor continues to be a burden on modern man. How cruel and inhuman! "Why me, oh Lord, why me? I don't even like apples!"

The whiskery look has moved in and out of style and popularity throughout the centuries. Can you imagine a painting of Jesus by Michaelangelo which doesn't have a beard? There is little question that the beard commands respect.

The prophets also seemed to gain knowledge by stroking their beards. How many times do we read books which include someone swearing by the beard of the prophet Mohammed? If the little pigs couldn't swear by the hair of their chinny, chinny, chin what would be left?

The Egyptians civilized themselves with sharp pencil-thin moustaches or long goatees which hung encased in plaited leather. On a windy day they swayed like pendulums from the points of their chins. By 500 B.C. the Greeks found pleasure in neatly trimmed spade shaped whiskers. Alexander the Great ordered his troops to shave because the beard was a handy handle for mortal combat.

What would the villains of history have done without the support of their whiskers? Just think of the pirate Blackbeard. Can you imagine him swinging a sword, cleanshaven

and saying: "Oh hi, there! I'm Blackbeard and I am real tough".

What turmoil would occur if Saint Nicholas, Father Frost of Santa Claus were clean shaven. If I was a little child I would have felt real deprived.

Shaving sure takes up a lot of time and is a never ending chore but you know, it does allow a person's mind to wonder and ponder about ships, crooks, and Eve.

by Dan Jensen

## April Inauguration plans finalized

A 30-member committee, including students, faculty, administration, regents, alumni and townspeople, has been at work on plans for the inauguration of President Kallas. The inauguration ceremony will take place on Wednesday evening, April 18, beginning at 7:30 p.m. in Borup Coliseum. It is the hope of the committee that an evening ceremony will attract a large attendance from the campus, the community, and the general Omaha area.

During the afternoon on April 18, you are invited to attend an informal gathering called "Conversations with the Presidents." Presidents Kallas, David Preus and Archie Madsen will be available in the Presidents Room of the Center from 3 until 5 p.m. to visit informally with members of the campus community, guests and visitors. Refreshments will be served.

An inaugural dinner will be served at 5:30 p.m. in the Blue and Gold Rooms of the Center for members of the Board of Regents, the Presidential Search Committee that interviewed Dr. Kallas, the Inauguration Committee, the members of the platform party and inaugural organist and choir director, and spouses. Because of limitations on

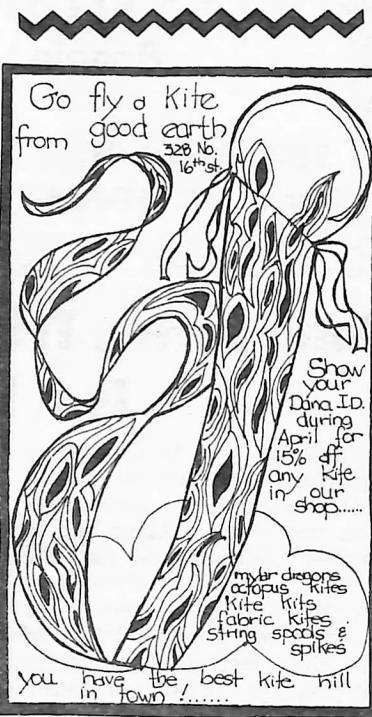
## A quiz for drinkers

If you are wondering if your own drinking is "normal" then maybe taking a look at the following 12 questions as published in an A.A. pamphlet will help you decide.

1. Do you drink because you have problems? To face up to stressful situations?
2. Do you drink when you get mad at other people, your friends or parents?
3. Do you often prefer to drink alone, rather than with others?
4. Are your grades starting to slip? Are you goofing off on the job?
5. Do you ever try to stop drinking or drink less...and fail?
6. Have you begun to drink in the morning before school or work?
7. Do you gulp your drinks as if to satisfy a great thirst?
8. Do you have blackouts?
9. Do you avoid leveling with others about your drinking?
10. Do you ever get into trouble when you are drinking?
11. Do you often get drunk when you drink, even when you do not mean to?
12. Do you think it is cool to be able to hold your liquor?

The answers to these questions are your business. And there is no number of yes answers at which anyone can tell you, you are an alcoholic. That's your decision. So go ahead and answer the questions honestly.

There is the mental health hotline in Norfolk (1-800-672-8323). But remember, no one can help you unless you're willing to be honest about your drinking.



## Senate class

The Student Senate Class representatives are as follows:

**Seniors:** Kathy Appel, Skip Brown, Jay Hartong, Mary Heistand, and Jo Roberts.

**Juniors:** Nancy Anderson, Mary Asmus, Marc Gengenbach, Sally Miller, and Tom Taggart.

**Sophomores:** Mark Friis-Hansen, Rick Knutson, Julie Jensen, Scott Rasmussen and Margie West.


## Daily Bible Readings

- April 7, I Peter 1:18-25
- April 8, Mark 11:1-11
- April 9, Mark 11:12-19
- April 10, Mark 11:20-25
- April 11, Luke 22:1-6
- April 12, Luke 22:39-46
- April 13, Luke 23:32-46
- April 14, Luke 23:50-56
- April 15, John 20:1-10
- April 16, Luke 24:13-27
- April 17, Luke 24:28-32
- April 18, Luke 24:33-43
- April 19, John 20:19-23
- April 20, John 20:24-31

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WHEN YOU PLAY


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AT  
DRAGONS HEAD



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Answer the questions correctly and you can win Free Pepsi, French-Fries and Hamburgers.

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# Track season begins

Preparation for the Women's Track season began on Monday March 26th at 3:30 p.m. on Viking Field. Ms. Haussermann, the Women's Track Coach, was very optimistic about the season and pleased with the turnout of women. Many of the members of the team stated they were looking forward to a good season with improvement at each meet being a goal.

The team consists of ten women, (four returning letter winners and six freshmen). Members of the team are Senior-Eva Riley, Junior-Felicia Clark, Sophomores-

Teri Hupp, Teresa Nichelsen, Freshmen-Karen Aksland, Lori Allen, Laurel Biffar, Joan Peltz, Donnalee Prillman, Kayla Walsh. Even though the team as a whole is very young there is a great deal of potential and ability.

Practices for the team are at 3:30 until 5:00 each day. Each member works out on her event with the help of Ms. Haussermann or Coach SeEVERS, (the men's track coach). Lately practices have been held inside Borup Coliseum because of un-cooperative weather.

## Dana Sweeps Westmar College, 7-3, 11-2

Dana Collegs took advantage of inexperienced Westmar College Saturday afternoon on the Dana Campus and took both ends of a double-header, 7-3 and 11-2. The games were originally scheduled for LeMars, Iowa but with Westmar's field not playable they were shifted to Dana's field. It was the Eagles' first time outdoors as weather had been tough on their schedule too. Dana makes it 4 wins in a row and improves their record to 4-6 with Nebraska Wesleyan coming to town on Wednesday for the first conference clash of the season.

Junior right hander Gary Fauskee struck out 11 Eagle batters as he picked up his first win of the year in the opening game. He had a little trouble with his curve ball at the same time, walking 4 and throwing 4 wild pitches. However the 3 runs were all unearned as the result of 3 Viking errors. He only allowed 4 hits, 2 coming in the scoreless 7th inning.

Steve Daege's hot bat continued in the double-header as he went 3 for 6 and batted in 5 runs, 3 in the first game with 2 singles. He was the only Vikings to get more than 2 hits in the 2 games. Randy Rosenthal contributed with 2 solid doubles, one in each game and each driving in a run. Lynn Mether chipped in with a run scoring triple while Don Savino had a sacrifice fly in both games. Rick Rostan scored 4 runs, 2 in each game.

Scott Simms, Bob Andrews and Tracy Schmidt shared the pitching chores in the second game with Simms getting his first win on 4 good innings of work. Andrews tested a sore shoulder successfully, pitching

2 strong innings. In the second game Dana scored 9 times in the third inning to break up a 1-1 tie.

Game No. 1  
Westmar--000-120-0--3-4-2  
Dana---412-000-X--7-8-3  
Arens, Wiemers (4) and Thomas  
Fauskee and Gang, Barrier (7).

Game No. 2  
Westmar---100-100-0---2-6-5  
Dana---019-010-X---11-7-2  
Lemaster, Bocks (3) and Thomas  
Simms, Andrews, (5), Schmidt (7) and Chistensen, Barrier (6)

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#### Need a summer job?

Larry Allen from Omaha will be at Dana in the Gold Room all day on Friday, April 27. Stop in anytime for your interview.

## Dana Nine Gets On Winning Track

The Dana College Vikings won their first baseball games of the season Wednesday by trimming Bellevue College 6-5 in game number one and then blasting the Bruins 15-6 in the night cap. The Vikings blasted out 24 hits in the double-header, played good defense and got good enough pitching to gain the sweep.

The Vikes smashed 11 hits and got 5 bases on balls off a 1978 all-district pitcher, Bill Trapani, in the opener. Dana scored her first 2 runs without benefit of a hit, then got all 11 hits in the middle 4 innings to get 4 more runs. Then, with a 6-2 lead going into the seventh, they had to stop a rally to hold on for the win.

Mike Wyskowski was the starting and winning pitcher for Dana. He allowed but 3 spaced hits until the 7th, then ran into trouble and had to be bailed out by Scott Simms. Simms came on with 1 out of 2 runs in, gave up a hit and a run and got the final fly ball out with the tying and winning runs on second and third. Simms picked up a save for his work.

Dana---021-102-0--6-11-1  
Bellevue---020-000-3---5-7-2  
Wyskowski, Simms (7) and Christensen  
Trapani and Calabretto.

The Vikings scored 3 in the first 2 innings of the second game but found themselves behind by 5-3 after 3 innings. In the fourth they scored 5 times, however, and started a rampage that led to a 15-6 victory. Dana banged out 13 hits in this game, including 3 doubles and a single by freshman Don Savino. He batted in 4 runs. Randy Rosenthal slugged a 3 run triple in the 4-run sixth inning. Steve Daeges had 2 hits and 2 runs batted in in this game. For the double-header Daeges went 5 for 7 and raised his batting average to .526 in the young season.

Tony Nasiloski started and went the distance for Dana in the second game. He survived a rocky start, allowing the 6 Bellevue runs in the first 4 innings on 3 doubles, a homer and 3 walks. All together he walked 7, gave up 5 hits and fanned 13. The final 3 innings were hitless for the Bruins.

Dana---210-514-2---15-13-2  
Bellevue---113-100-0---6-5-3  
Nasiloski and Gang.  
Ryan, Rydl (6) and Swoboda  
Dana was to have played Creighton on the new Paul Peterson Field the next day, Thursday, but muddy grounds postponed it indefinitely. Saturday they were to go to Westmar College for a twin bill.

## HRC sponsors Cavanaugh

U.S. Representative John Cavanaugh of Nebraska's second Congressional District will speak at Dana on Tuesday, April 17, on his recent proposal for two years of military or public service for 18 to 26-year-olds.

The event, which is open to the public, is scheduled for Parnassus at 4:10 p.m. Cavanaugh's appearance is sponsored by the student government's Human Rights and Concerns Committee.

## JOCK TALK

On Friday, March 30, members of the Dana men's and women's track team participated in the Fairbury meet. Due to poor weather conditions, most members did not compete. However, Laurel Biffar placed first on the long jump with 16' 7/4" setting a new school record. Next scheduled meet is Friday, April 6 at Wayne State.

### HAIRSMITH

**Bonnie L. Smith**

For appointment call: **426-9688**

**1830 Front St. Blair, NE. 68008**

## Dana Spring Trip Is A Disappointment

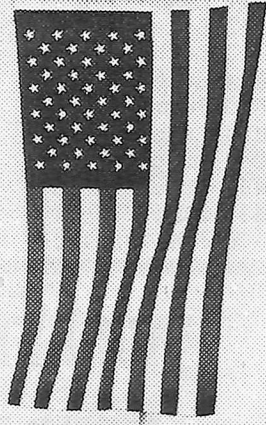
The 1979 trip to Oklahoma and Kansas turned out to be a real damper, in more ways than one. The Vikings had 15 games scheduled in the "South" but were only able to get in 6 due to very poor weather conditions. On top of that they lost all 6 and really got punished in most of them. However, the squad has high spirits and feels that they have the makings of a good team.

Perhaps the biggest drawback to any success was the fact the Vikings couldn't get in any outdoor practice before game competition. It was most notable with the pitching, in not being able to get any pitching off a mound and not experiencing any competition in game-conditions. Coach Dale Lemon feels that despite the small number of games on the trip, the team is really quite ready to compete up here in Nebraska. The pitchers "need more work", he says, and as soon as the top 4 or 5 get some innings in "we might be alright the rest of the way".

Oklahoma and Kansas opponents really clobbered the Viking pitching, being way ahead of the Dana nine. They had a combined batting average of .375 while Dana bats were cold at .206. Naturally, an earned run average in the pitching will show a big difference. It was a ridiculous 11.16 for Dana pitchers and 2.70 for the opposition. Only Mike Wyskowski, a freshman from Omaha Ryan, and Junior college transfer Gary Fauskee had any luck on the mound. Wyskowski allowed no earned runs in 6 innings, in a 0-2 loss. Fauskee lost an eight inning battle, 3-5.

Senior Steve Daeges and freshman John Depa paced the weak hitting "which will improve". Daeges hit .417 going 5 for 12 in 6 games. He also had 5 walks, scored 4 times and hit the lone Dana homer. Depa, from Omaha South, had 6 hits in 17 trips, .353, and hit 3 doubles.

**MOSCOW 1980**



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## COME JOIN THE FUN!

### The ladies on synchronized swim team invite YOU to the Swim Party!

*Rafts  
Balloons  
Inner Tubes  
Nerf Balls*

**When: Tuesday, April 10**  
**Time: 9:30-11:00**  
**Cost: 25¢ per person**

**Tickets on sale in the Center Sat. thru Tues.-lunch hour**

## Splish Splash

"How was I supposed to know there was a party going on?" Get ready because on Tuesday, April 10, from 9:30 to 11:00 p.m., there will be splishin' and splashin'. Tickets are 25c, in the campus center or at pool side and bring your beach balls and intertubes. (No HARD equipment like footballs or soccerballs please!) Money collected from this event will be used for the synchronized swim team as they prepare for their performances on April 24 and 26.