

DANA COLLEGE
Hermes

Vol. 79 No. 12

December 11, 1998

????? What's Inside ??????

- > Students give their Christmas wishes
- > Wrestling team in good shape
- > Men's basketball team posts a win against Peru State College

Superfans here to pump up crowd

Groups' goal is to get the student body out to games by hosting contests, give-aways and parties

MELANIE HINZE
Reporter

You have probably seen the Superfan signs hanging in the campus center, or perhaps you have gotten to see their cheering in action at recent games. However, some people still wonder who the Superfans are.

The Superfan Club was established as an attempt to bring school spirit to the student body here at Dana. By hosting contests, giveaways and parties, the Superfans hope to bring the student body together to cheer on all activities that make up Dana.

Not only school spirit is in the minds of the Superfans. Ryan Boozikee, president of the Superfan Club, said, "We would like to see everyone come out and have a good time as a complete student body rather than to just have the same old cliques."

The efforts of the Superfans seem to be gaining more support as rumors fly around about a chance for free tuition. Boozikee said, "A tuition shot is in the works. We would like to be able to give a couple of students the chance to win free tuition." He later stated that the club will hopefully be able to hold one such contest at a basketball game later in the season.



"Viking-on-a-stick!" Superfan Club members Matt Kern and Perry Mostek carry Chad Greguras to entertain the crowd during a basketball game. Club members hope to boost school spirit. (Photo by Christina Nutter)

Hawaiian Club to host paradise

TRACI AHRENDT
Reporter

When Chad Irei, president of the Hawaiian Club, was asked how he can celebrate Christ-

mas without snow, he replied, "How can you celebrate Christmas without paradise?" The Hawaiian Club plans to bring a part of that paradise to Dana College.

On Sunday the Dana College Hawaiian Club will be hosting a luau in the Dragon's Head from 7 p.m. to 9 p.m. A luau is a celebration involv-

ing music, dance, food and much more. This is the first of the two luau that the club has planned for this school year.

This event is open to all students and faculty who wish to learn more about the Hawaiian culture. For further information you can contact Irei at ext. 7807.

Two students arrested on drug charges

According to Chief Marvin Doeden from the Blair Police Department, an investigation led officers to suspect that two senior chemistry majors at Dana College, Nathan Olsen, 21, of Lacey, Washington and Kevin Brennan, 21, of Omaha, had been manufacturing a controlled substance, GHB (Gamma-Hydroxybutyrate), in a clandestine laboratory in their dorm rooms, and were distributing it on campus, and to local high school students. The two suspects were arrested at the college, and charged with Manufacture of a Controlled Substance and Distribution of a Controlled Substance. Brennan and Olsen were taken to the Washington County Jail, where they were booked on those charges. Prior to the arrests, police officers had contacted these two suspects at the college, and they subsequently gave evidence and statements that indicated that they had indeed manufactured and distributed the drug. A search warrant was served on one of the students' dorm rooms, and component chemicals, completed GHB, drug paraphernalia, papers relating to the purchase of chemicals, and recipes for several illegal drugs, including LSD, were seized.

On the morning of Dec. 8, 1998, the Blair Police Department assisted by Agents of the III Corps Drug and Violent Crime Task Force investigated the GHB overdose of an 18

year-old Blair High School student. This student had been given the drug at school, by another student, and became dangerously ill, prompting school officials to call for an ambulance. He was taken to the Memorial Community Hospital in Blair, where he was admitted into the Intensive Care Unit. He is expected to make a full recovery. This overdose sparked the investigation.

GHB is a controlled substance according to the Nebraska State Patrol Laboratory, and is illegal to manufacture or sell. It is also a controlled substance federally, and is illegal to sell for human consumption under FDA regulations. GHB (also called "Georgia Home Boy") is considered one of the "date rape" drugs, and users may experience euphoria, short-term memory loss, and effects resembling those experienced by people with a dangerously large consumption of alcohol. GHB is an odorless, colorless liquid, resembling slightly thickened water. An overdose of GHB can produce unconsciousness, a coma, respiratory failure, or death.

A check with the Intelligence Analysis unit of the Nebraska State Patrol indicated that these are the first reported arrests in Nebraska for the clandestine Laboratory Manufacture and Delivery of GHB.

Dana College President Myrvin Christopherson could not be reached for comment.

Men's basketball coach honored at annual banquet

ALLISON RUHDE
Reporter

Dave Jensen, men's basketball coach, was named the Fellowship of Christian Athletes (FCA) Coach of the Year for the state of Nebraska last month.

Wendell Conover, State Director of FCA, said a coach is chosen by committee each year to be the recipient of this award. He said the award is given to a coach who is a Christian and a good role model. "We choose a coach who displays Christian principles both in coaching and in daily life," Conover said.

The award was presented at the annual FCA Cornerstone Banquet on Nov. 24. The banquet is a fund-raising event for FCA, and over 800 people attended the event this year.



Coach Dave Jensen was awarded Coach of the Year at the annual FCA banquet. (Photo by Leslie Schroeter)

Former Nebraska football coach Tom Osborne was the speaker.

Jensen was unable to attend the banquet because the basketball team was playing in Bellevue that night, but his wife and son were there and received the award for him.

Jensen has been the faculty sponsor of the Dana chapter of this na-

tional organization for nearly five years. In 1993, Paul Gardner, a 1997 graduate of Dana, approached Jensen about starting an FCA chapter on campus and asked Jensen to be the faculty sponsor.

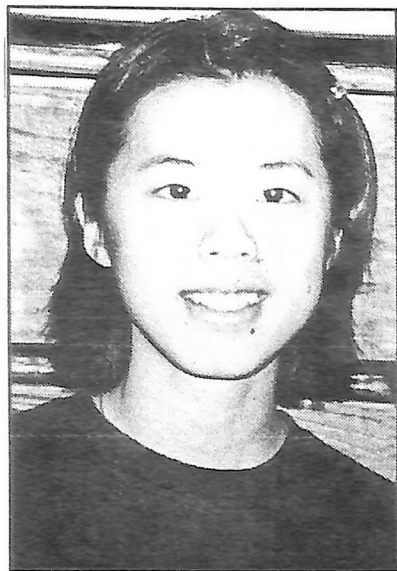
Jensen has enjoyed working with FCA. "It's a great experience. They are a good group and have their act together. It's completely student-run; I just show up once in a while."

Lindsay Bruning attended the banquet with Janelle Kahl and Laura Hiebenthal. All three are officers of Dana's FCA chapter. Bruning said, "We were really excited that he won. It is a honor for him and for Dana, and it's great that he was recognized in front of that many people."

Jensen says he feels honored to have been chosen. He said, "This is probably the best award I have ever received because it's from such a great group."

What is your Christmas wish?

Photos and question by Leslie Schroeter



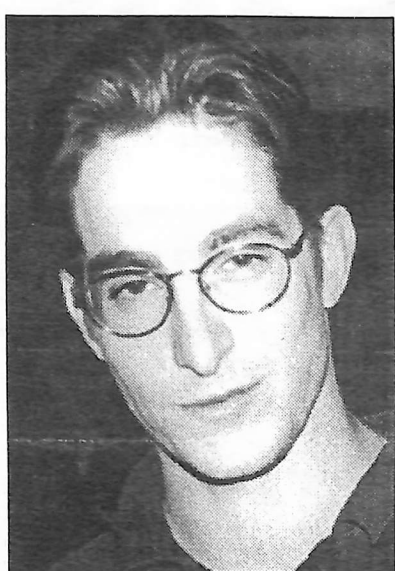
"Good scores next semester."

—Joanna Su, freshman



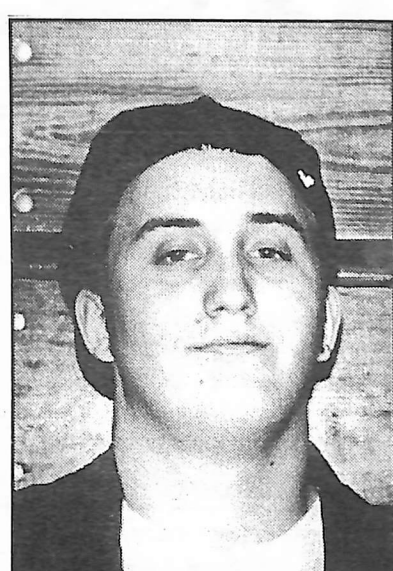
"To get out of my meal plan."

—Susan Yirak, junior



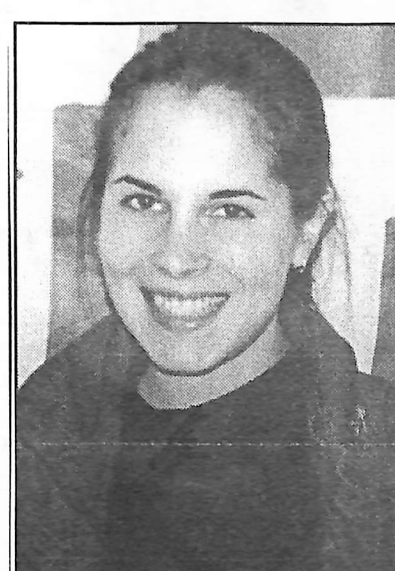
"I want to be on Hollywood Squares."

—Travis Feuerborn, sophomore



"Straight A's."

—Seth Peterson, junior



"I'd like to buy the world a Coke."

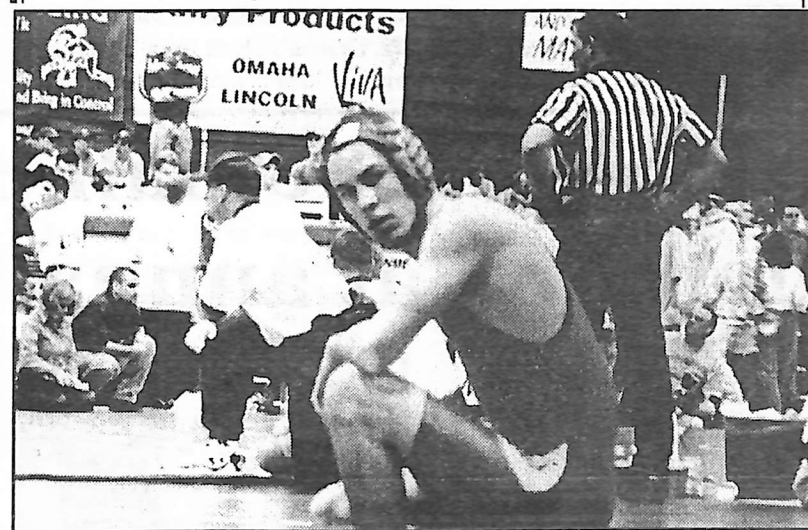
—Nikki Shields, junior

COMIC NOIR today: Joe the Mummy Kid
a max riffner thrillah copyright 1998 max riffner



Professor Emeritus John W. Nielsen, the Christmas storyteller, captivates his audience during Sights and Sounds. Nielsen performed in the Forum.

Sophomore wrestler, Scott Rine, pauses during the wrestling meet at UNO on Nov. 21. (Photo by Brooke Thomsen).



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Argo Door Decorating Contest Winners

Single Rooms
Sarah Pierce
RA choice
Desiree Anderson

Double Rooms
Megan and Jessica
Cosgrove
RA choice
Kelly O'Brien and
Tiffany Elznic

Body energy explored during Interim

DEENA KNAPP
Business Manager

Do you know what an energy field is? This is one topic that will be explored during Professor David Miller's Ethics/Spirituality in Human Relations class during Interim.

On Jan. 20, Keith Stelting, owner of AuraStar, will present the topic of body energy to Miller's class. Stelting will also use aura video equipment to demonstrate the measuring of students' body energy.

"Surrounding every living being is an electro-magnetic energy field known as an aura. AuraStar has the ability to image auras on a television screen," stated Stelting.

In the afternoon, this equipment will be set up in the campus center to give other Dana students and faculty the opportunity to have their energy field photographed. The cost is \$20 for a photograph and \$25 for a videotape. Miller commented, "I'm very excited to have Stelting come to my class and Dana because I believe in the relevance of the energy field that surrounds the mind and body."

Stelting has been working with body energy for a number of years. Every living creature has an energy field. This field vibrates and fluctuates at various levels. The frequency of the vibration determines the color of the aura. The intensity of the vibration determines the intensity of the aura. The frequency shows a person's inner state which is what Stelting measures.

According to Stelting, most people

saw auras in the middle ages. Artists also painted the aura around a person, sometimes called halos. Then several decades ago, a Russian named Serge Kyrillian invented a camera that would photograph the energy of living creatures. One of Kyrillian's more famous photographs was of a leaf, with a portion of the leaf torn off. The aura photo showed the leaf as whole.

Energy fields can now be shown in color with more sophisticated instruments such as AuraStar. This camera measures and records the auric field. Bio-feedback collectors send messages to the computer to print out the description of the aura. From that information and the translated energy analysis, the camera then records the aura onto Polaroid film.

The body contains seven points which produce the energy field. These centers are called chakras. By measuring the body energy, Aurastar can detect which chakras are producing energy. A person's attitude, interests, and activities are effected by the chakra energy being produced. Chakras are represented by various colors that demonstrate particular aspects for a person. For example, the first chakra represents the color red and produces physical energy. Therefore, an athlete will almost always produce red energy.

According to Stelting, a person's aura changes as their physical, emotional and mental state change. He commented, "Auras are neither good nor bad. They merely reflect the energy field around your body and the condition of your existence."

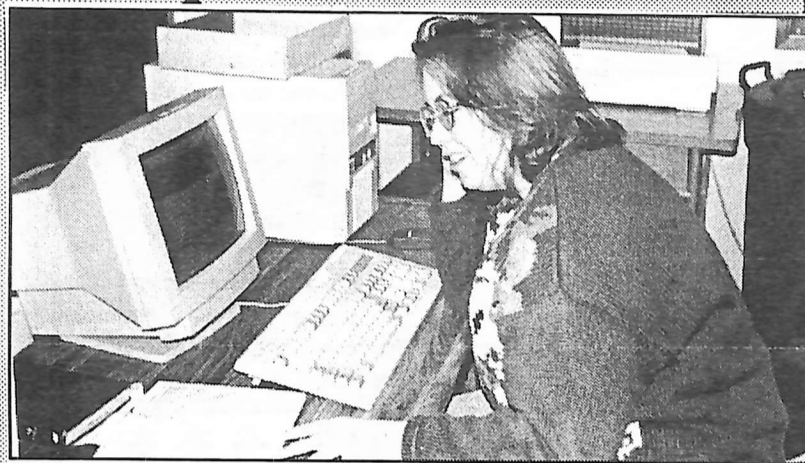
Students battling stress during finals offered options for relief

TARA FURSTENAU
Reporter

Finals are less than a week away, and we all know what that means--stress! It's easy to become overwhelmed by trying to finish papers and projects and, of course, cram for those finals.

Everyone has their own ways to deal with the stress. When Shane Koepke experiences those stressful moments, he likes to unwind by watching a movie. Jeremy Havekost says that watching his fish helps him to relax. Gina Flood and Lisa Sheffand take naps when they want to get away from studying, while Jeret Pospeshil opts to just take occasional study breaks.

Students are welcome to pick up helpful pamphlets in the nurse's office. One pamphlet put out by the American College Health Association reveals that some of the signs of stress include increased use of alcohol, increased boredom and fatigue, inability to concentrate or pay attention, nightmares, overpowering urges to cry or run and hide, and fre-



Heavy classwork loads during finals week will cause some late nights. Michelle Hemen avoids the rush and starts early. (Photo by Leslie Schroeter)

quent backaches, headaches, muscle aches or tightness in the stomach.

So how can you deal with stress? Breathe! Patti Nielsen, registered nurse, feels that deep breathing can be extremely helpful when you're stressed out. If you're feeling tense, just stop what you're doing and breathe.

According to Nielsen, some stress can actually be helpful by energizing you and helping you meet deadlines. However, if you are procrastinating and the stress is affecting your sleep-

ing and eating habits, you will not be as efficient as a result.

Nielsen also recommends back rubs as a great type of enforced relaxation. If you can't find anyone willing to rub your back, you can stop by Nielsen's office and try out her hand held massager, let her walk you through a relaxation exercise, or just get some advice. The nurse's office is located on the first floor of Argo Hall and is open from 9 a.m. to 1 p.m. on Monday and 10 a.m. to 1 p.m. the rest of the week.

Dana "Daze" Student Appreciation Day

Tuesday, December 15th

9 a.m. - 10 p.m.

Hourly Drawings for Prizes

C.C. Concourse

9 a.m. - 4 p.m.

Free Massages
-Sign up for a time.

Linden Room

12 p.m. - 2 p.m.

Students receive 10% off merchandise in Dana bookstore. (Does not include sale items, food, textbooks, or phone cards.)

Campus Center

1 p.m. - 8 p.m.

Popcorn and cider

Dragon's Head

10 p.m.

Late Night Breakfast
-Prizes to be given away.

Cafeteria

Sponsored by: Student Life Office, Student Senate and Food Service

Food for Fines

In the spirit of the season, the library will accept cans of food or other nonperishable items in place of library fines on Dec. 7 thru 17. For each item donated, up to \$3 in fines will be waived.

Do yourself a favor and help those who are less fortunate by donating food. ☆ All items donated will be contributed to the food bank.

DANA COLLEGE Hermes

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Hermes welcomes letters to the editor expressing all original points of view. Hermes reserves the right to edit all letters according to space availability. All letters must include the author's name and address. Under certain circumstances Hermes may request requests to have names omitted at time of publishing.

Readers are encouraged to submit story ideas and comments by calling (402) 426-7328, or via Hermes, Dana College, Box 1252, Blair, NE 68008. Submissions must be received by 5 p.m. Wednesday to be printed in the weekly issue.

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MASK OF ZORRO 12:40-3:15-7:10-9:50 (PG13)

THERE'S SOMETHING ABOUT MARY 12:45-3:10-5:25-7:40-10:00 (R)

THE PARENT TRAP 12:35-7:15 (PG)

SNAKE EYES 2:55-5:05-9:30 (R)

SIMON BIRCH 12:30-3:00-5:10 (PG)

BLADE 7:20-9:40 (R)

A NIGHT AT THE ROXBURY 1:20-3:20-5:00-7:00-9:20 (PG13)

ARMAGEDDON 1:00-3:45-7:00-9:45 (PG13)

WHAT DREAMS MAY COME 12:55-3:05-5:15-7:25-9:35 (PG13)

HOLY MAN 1:10-3:25-5:30 (PG)

ROUNDERS 7:35-9:55 (R)

Christmas Break Activities

Sunday, Dec. 20
"Chili & Fixings"
6 p.m.
Dragon's Head

Tuesday, Dec. 22
Van to Omaha-grocery shopping on the way home
6 p.m.
Campus Center

Friday, Dec. 25
"Christmas Dinner"
6 p.m.
Dragon's Head

Sunday, Dec. 27
Movies in Omaha
7 p.m.
Campus Center

Wednesday, Dec. 30
Sloppy Joes
5 p.m.
Dragon's Head

Women's basketball team lacks "killer instinct"

TIFFANI NIELSEN
Reporter

A slow start again hurt the women's basketball team Saturday at the University of Sioux Falls. The Vikings only managed 17 points in the first half en route to a 75-59 loss to the Cougars. Dana shot a trifling 32 percent in the first half while the home Cougars presented 48 percent.

"We just couldn't get the offense going," Dana head coach Judy Vaughn said.

But the Vikings never said die. Dana came out in the second half and rapidly narrowed the gap. In fact, with nine minutes left in the game, the Vikings had decreased their 15-point halftime deficit to just two.

Unfortunately, fouls and Cougar free throws put the win out of reach for Dana. Sioux Falls scored 15 of their final 20 points from the char-

ity stripe to edge away for the 16-point victory.

"I don't think the final score was an indication of how we played, at least the second half," said Vaughn. "We created opportunities, but we just couldn't convert. We just need to play more consistently offensively."

One shining element in the loss was Dana's free throw shooting. The Vikings hit 20 of 24 free throws for 83 percent.

On Thursday night, Dana glided

past the Panthers from York College in a non-conference home matchup, 73-54.

Although the Vikings dominated most of the game, they never completely put the contest out of sight. Dana's halftime reign was only by eight, 41-33.

"We just don't have that killer instinct," said Vaughn. "We let them back into it several times."

The Viking defense gained determination in the second half and limited York to 26 percent shooting

from the field.

Four Vikings hit double figures for Dana, led by Kim Wilken and Elizabeth Snedigar with 13 points each. Junior Jorgia Morin had 12 and Mandy Axmann, sophomore, came in off the bench to boast 11. Sarah Klein, junior, had eight steals.

The Vikings (4-4) hosted Peru State College on Thursday at 6 p.m. They will travel to York College for a rematch with the Panthers Saturday at 5:30 p.m.



Men's basketball team wins a close one

MINDY STREITENBERGER
Reporter

Sometimes you play games that you'd just like to forget. Dana had that experience on Dec. 2 as they were pummeled by Grand View College, 81-56.

Seniors Tony Jackson and Kendrick Tupa each tallied 12 points in the loss. Sophomore Don Morrison had four assists.

In other action the Vikings led nearly the entire game against Peru State College on Saturday. But the heat was on in the final seconds as they scored two free throws to bring the game to a 54-53 victory.

Jackson was fouled attempting to make a three-point shot and put up two more points for the Vikings.

Seconds later on the other end of the court, a Wildcat was fouled as he sank a short-range shot and converted the fouled shot as well to give Peru a two-point lead with seven seconds left.

Jackson took the inbound pass and found freshman Luke Connell open on the baseline. Connell drove and

was fouled. He sank both free throws with only one second left on the clock to lead the Vikings to a victory.

Sophomore Michael Johnson led all scorers with 20 points. Junior Ruel Cooper was also in double digits with 10.

Looking at Tuesday night's game against the University of Sioux Falls at Sioux Falls, the Vikings had another disappointing loss.

At the end of the first half the Vikings were down 26-47. "We need to get off to a better start," said junior James Walsh. "In the last couple of games, we had to fight to get back."

In the second half the Vikings scored 41 points and the Cougars scored 50, leaving the final at 67-97.

Jackson led with 27 points in all. Johnson and freshman Brad Alexander were next with nine points each. Senior Bryan Behrens had eight points, and Walsh had six. Jim Koontz had four, and Cooper put in two more.

The stats of the game against Briar Cliff from Thursday night were not available at press time. Be sure to catch the Vikings in action this weekend as they travel to Madison, South Dakota, to play Dakota State.

Wrestling team has time to heal over holiday break

BRIAN FRAHM
Reporter

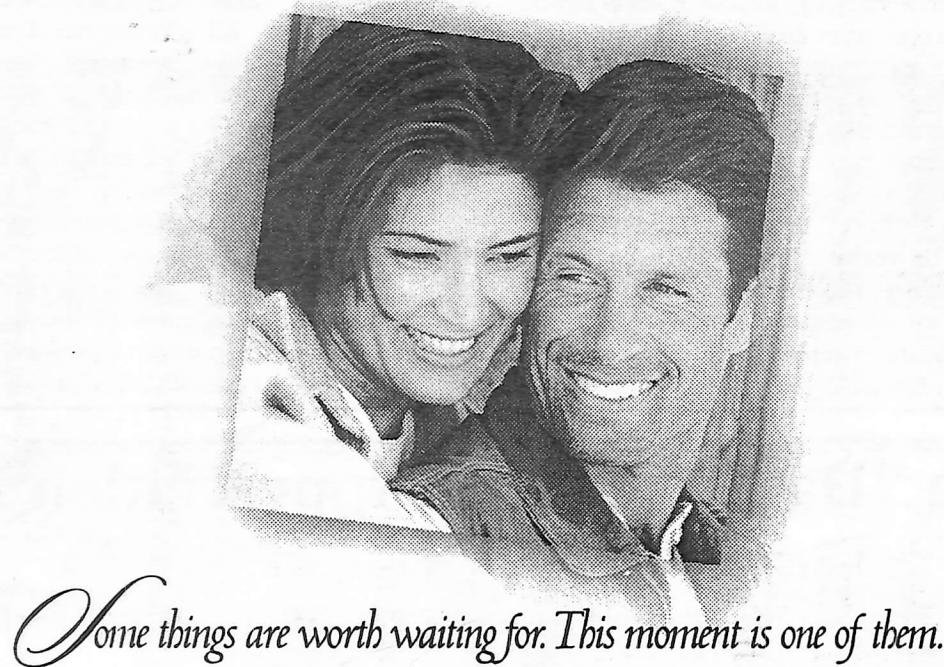
It was a long six hour road trip to Kansas for the Viking wrestling team attending the Ft. Hays State Open last Friday. The team had two wrestlers, Ryan Barrett and Dax Doran, enter the winning bracket by beating their first opponent.

Barrett who ended 2-2 would have been wrestling for either fifth or sixth place, but the tournament only placed first through fourth. Doran was in the same situation winning 3 and losing 2 matches. Mark Smith went 2-2, but lost his first match so that placed him in a harder bracket.

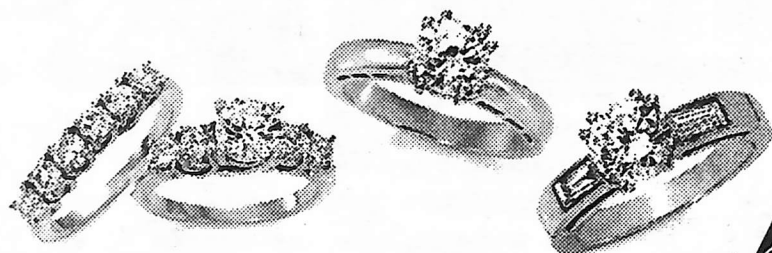
"I thought we did really good," said Barrett. "Especially since it was mostly Division II and a few Division I teams that we were against." The open consisted of 13 teams, including the University of Nebraska at Kearney, University of Wyoming, University of Central Oklahoma and Adams State College.

"Injuries are still killing our team," says Barrett who has an injured knee himself. Their next meet is the University of Nebraska at Omaha Open on Jan. 9 which will give the team time to heal.

Barrett said the team is in the best shape he has seen it in during his four years of wrestling at Dana. But each individual will need to keep in shape through the long holiday break.



Some things are worth waiting for. This moment is one of them.



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